



WESTCOAST MASTERS SWIMMING CLUB INC ANNUAL REPORT FOR 2023

President – Jeff Ernst

What a great year it has been. The club celebrated its 40th Anniversary in style. Along the way we benefitted from new down jackets and raincoats emblazoned in the club colours and logo, a family picnic and the highly successful Cocktail Party at the MAAC Club. My thanks go to all involved in the organisation and participation in these celebrations over the past year.

Once again, your Committee has been exceptional – nothing is too difficult to handle and all members have stepped forward to assist when required. All members of the Committee deserve our gratitude.

My thanks go to three retiring members of the Committee. After two years as Vice President, Chris Wippl is calling it a day. I really appreciated Chris's assistance and despite balancing a busy workload and raising a young family, Chris has always been there to deputise for me and led the 40th Anniversary Committee during an important year for the club. Lilly and Damo have decided to retire from their positions after serving a year on the committee – thanks guys.

The Club has continued to maintain excellent membership numbers as well as attract new members to the fold.

This year we, again, snatched the Winter Solstice Cup from our competitors. As well as being a fun event, it serves to bring the club members closer together to achieve a team goal. Look out for next year, I fear the rules will change to assist the smaller clubs – fair call though.

Our members have continued to participate in pool and open water swimming events with some great results as well as some new Rotto Soloists.

The closure of The Arena 50 metre pool has created a challenge for us to obtain lane availability for training on a Tuesday and Thursday. We have been fortunate in finding space during the summer months in the Craigie Leisure Centre outdoor pool, however the winter months will be another issue, so watch this space!

The Mullaloo Mile is on again this March and we will be seeking your support in assisting on the day. This is the only fundraising event we carry out during the year and we need all hands on deck.

Our club relies heavily on volunteer assistance to manage effectively and provide members with a sense of belonging. Please consider stepping forward to assist in any way that you can to take the pressure off the core group of members who provide you with this service.

As we go forward into 2024, I thank you all for your continued support and hope you enjoy your membership with this wonderful club.

Vice President – Chris Wippl

The 40th Anniversary year was a significant milestone in our club's history and testament to founding members and many who've followed. Over the course of 2023 our Anniversary year was celebrated with special jackets part funded by the City of Joondalup, a family picnic and a cocktail function attended by over 150 past and present members and partners.

During my year as VP I was reminded of the people on your committee and dispersed through our membership who consistently contribute to advance our club. At risk of forgetting some and apologies but special mention in alpha order for those who've helped with 40th anniversary programme – Gary Clifton, Jeff & Margaret Ernst, Stephen Fidge, Belinda Goddard, Peter & Michelle Kerman, Mick Kerman, Felicity Lodge, Lorraine Quayle, Viki Shelver, Gail and Chris West.

It has been a privilege to witness the way people volunteer- the depth of skills as a collection of largely like-minded people our club possesses is powerful. All the best for 2024

40th Anniversary Cocktail Party, Marmion Angling & Aquatic Club, Oct 2023



Treasurer – Stephen Fidge

The Profit and Loss Statement for 1 January 2023 to 31 December 2023 is attached at the end of this report. Should any member require the more detailed financial reports, these can be made available upon request.

Registrar – Susan McHugh

As of 31 December 2023, there were 135 active members, a decrease of 8 from the number of active members reported at close of 2022.

Sixty-nine (69) members have renewed their membership for 2024 with the incentive of a free membership for those who renewed before the end of 2023. A total of 84 members have renewed their 2024 membership at the time of report submission.

Throughout the course of the year, we have new swimmers trialling and the majority of these took up memberships and enjoyed the training sessions on offer. The club promoted the Let's Swim Together Campaign in November and had several swimmers coming along for a trial swim.

One of my favourite events for club participation is the Winter Solstice, a fiercely competitive event between the WA Masters Clubs. It is always a great bonding experience and brings us all together.

And go Westcoast Masters for retaining the cup from 2022 for another year!



Coaching Co-ordinator – Wayne Dohmen

Previous years presented the Coaching Coordinator role with a number of challenges including covid related venue closures and social distancing restrictions. My fourth year has been no different with the disruption of HBF Arena closing its doors indefinitely during mid 2023.

With half our training sessions closed, the challenge was to maintain Club momentum by communicating to all members about changes and providing alternate swim opportunities for members to gather and contribute to the ethos of fun, friendship and fitness.

Craigie Leisure Centre management allocated extra lanes to Westcoast from November to April 2024 and to date this has been working well in conjunction with Sorrento and Mullaloo Beaches as fill ins. Further arrangements are necessary from April onwards as Craigie have alerted us to current lane allocations being in jeopardy from April 2024 onwards.

Commencing January 2024, Masters Swimming Australia (MSA) and its insurers introduce new conditions applicable to Masters Club training sessions. The MSA identify a difference in terms of those

who are an accredited Masters Swimming Club Coach and those who volunteer to assist on pool deck without accreditation.

Our Club President has received written communication from Masters Swimming WA to confirm that strategies put in place by our committee and qualified masters coaches will enable our Club to continue with volunteers' poolside whilst conforming with new MSA conditions.

Saturday mornings continue to attract over 60 swimmers, making it a difficult task to entertain everyone in a meaningful way. Choosing the correct program that assists with managing the vast numbers in each lane is also very important. Caryn Kiellor is a very important contributor to Saturday mornings because without her affable presence and most valued coaching experience, the task of coordinating over sixty swimmers on a Saturday morning would be so much more difficult.

With Club membership now in the vicinity of 130 swimmers, it remains a challenge to find a happy medium by which all swimmers of varying experience and talents benefit from their training and continue within the Masters Swimming ethos of Fun, Friendship and Fitness. Maintaining variety and interest is an important element whilst being mindful of the diversity of swimmers, all seeking their own experience in swimming and achieving personal goals.

It is pleasing to see so many experienced long-term members continuing to engage with our Club as a way to enjoy their swimming as a healthy approach to life. Another high point is witnessing many new members, from diverse demographics, entering events for the first time and being fully supported by our experienced cohort.

On a finishing note, I want to take this opportunity to express once again my sincere thanks to our volunteer coaches and pool deck assistants over the past 4 years. Their energy and willingness to play an important part in making our Club work so very well is worthy of special mention.

Club Captains – Kelley Dohmen and Lily Strugnell

In 2023 Westcoast participated in the following events with our main aim to encourage as much club member involvement as possible:

- Busselton Jetty Swim
- Rottnest Channel Swim,
- Port to Pub swim
- Mullaloo Mile
- Waterman's to the Wall
- Winter Solstice Swim
- Golden Groper Relay Carnival
- Rotto Swim Thru

Busselton Jetty Swim

There was a strong contingent of 36 club members at this year's Jetty swim, taking part in the solo and the teams event. Viki Shelver and Margo Sudintas won their respective age group categories and Jay Prchal took out 2nd place in his. Congratulations to these 3 and well done to all who swam!

Rottnest Channel Swim

Westcoast had 7 solos swimmers complete the crossing this year for the Rottnest Channel Swim, congrats to all of you and your support crews.

- Jay Prchal
- Damon Brown
- Stuart Anderson
- Ash Cornish
- Bree Elliott
- Jess Mann
- Hayley Chaplyn

Well done to all that competed in the teams category!

Port to Pub Swim 2023

We had 3 club members complete solo swims in this years Port to Pub

- Damon Brown 4th in the 25km in 6:44:11
- John Everitt in the 25km in 11:02:55
- Jay Prchal 7th in the 19.7km in 5:41:04

Awesome swim guys!

Mullaloo Mile

Thanks to all the volunteers who made this event another great success. We had 27 swimmers take part on the day along with all the volunteers from the club. Also, thanks to all who ran/donated raffle prizes, it adds so much to the atmosphere on the day!!

Congrats to Kieren Lawrenson for winning the 3.2km swim and to Abby Glenister for taking out her age group.

Watermans to the Wall 2023

A change in format this year saw the teams of 3 replaced by teams of 2. There was less interest from club members in this format as the club captains decided to let people choose their own swim partner therefore in 2024 we should return to the original strategy of allocating people to teams.

We had 8 people swim the event solo and 3 teams of 2, well done swimmers.

Winter Solstice Swim

Once again, Westcoast Masters triumphed at this event which was held over a very chilly weekend in June from the 23rd-26th. We had a fantastic turnout at each of the club swims throughout the weekend with members that couldn't attend, arranging their own swims and everyone diligently submitting their photos and videos. Quite a few of these ended up in a wonderful promo video for the event which showcased our club spirit beautifully!

Our winning score was 3710 points, well ahead of second place Mandurah Masters on 1750 points.

A special mention to Damon B for his efforts to encourage participation from as many members as possible and gentle reminders to submit videos and photos to gain points and to the publicity team for their contribution!!

Golden Gropers Relay Carnival 2023

Interest in this years relay carnival was low so we didn't participate this year. The closure of Joondalup Arena pool made it difficult to train for the event and to recruit people to take part. Hopefully in 2024 we will have a more stable base for training and therefore more opportunity to compete in what has been a great club event in the past.

Rotto Swim Thru 2023

This was a very another very successful event for the club, both competitively and socially. We had 28 swimmers take part in the event, a couple for the first time and we had 2 age group winners. Congratulations to Jay Prchal and Viki Shelver on their wins!

Also, thanks to the booking team and the social club for arranging such great accommodation and a feast after the swim!! Well done.

State Championship results 6-7/05/23

A few of our Westcoast Masters swimmers competed in this event which had a huge turnout of 220 competitors over two days of swimming.

Well done to Kieren Jon Lawrenson, John Main, Elizabeth Fu, Stuart Anderson and Karen Pahlow!

Both John and Kieren won their respective age groups-superb swimming guys!

Stadium Masters 2023 ABC Club Challenge 22/10/23

Another outstanding effort for Kieren Jon Lawrenson, John Main and Elizabeth Fu at this event, representing Westcoast Masters in fantastic style.

Apologies if I have failed to mention anyone's participation in swimming events over the 2023 season. Happy Swimming everyone!

Safety – Chris West

I'm glad to report that 2023, has again, been another safe and healthy year for Westcoast members, both in the pool and the ocean.

This year has seen the return to full normality for the club, with regards to the pandemic period and members continue to exercise due diligence, with respect to Covid 19. So, thank you for ensuring the wellbeing of all Club Members.

The Mullaloo Mile, again proved to be a big success this year and continues to go from strength to strength! From a safety perspective, this has been made possible due to the culmination of planning, support and commitment of all of those involved making it a well organised, safe and enjoyable event! On behalf of the Committee and the club my thanks to you all for making it so!

During this year Masters Swimming WA hosted a Webinar for Clubs to make them aware of their responsibilities with regards to the recent changes to the Workplace Health & Safety legislation. As a result of this, in collaboration with Masters Swimming WA, City of Joondalup, Venues West, various members of the Committee and Club, a Risk Management Plan was drafted and approved in December. This has now been made available on the Club's storage drive or by request to the Committee.

May I take this opportunity to remind all members to complete a new medical form for 2024 and ensure all contact details are correct. New forms will be made available at the AGM and are also available online. This is important so that our records, including Emergency Contact Details remain current.

Thank you again for your continued support in making swimming with Westcoast Masters a safe and healthy experience.

All the best for 2024!

Social – Peter Kerman

Once again thank you to those members and friends for attending the various social events that were held throughout 2023.

As a recap, the following events were held –

April – As our club started celebrations for our 40th Anniversary, we held a family picnic at Whitford Nodes which was attended by 55 club members & extended family. Cornhole was very popular & the Susy McHugh Egg Throwing Competition was a highlight.

May – 45 members and friends attended a pizza night kindly hosted again by Glen and Maureen Atkins at their wonderful home in Gngangara. As usual, Glen was again the master pizza maker. It was a great night & no one when home hungry!!!

Thanks again to Glen and Maureen.

June – Our hardy ocean swimmers braved the freezing sea to take part in the Winter Solstice competition. A windy, showery Friday afternoon swim was held at Hillarys Boat Harbour followed by a meal and drinks at the Breakwater. It was a terrific team effort that so many swimmers took part, with even more attending the celebratory drinks afterwards.

July – A BBQ Breakfast was held to celebrate the second half of the calendar year. We had 60+ hungry swimmers that needed sustenance & our cooking crew of Don, Jeff, Chris K, Karen Gale & Marg performed like clockwork (some more than others!!) to ensure all attendees were able to sample the bacon & egg burgers.

October – 40th Anniversary Cocktail Party – what an awesome event!!!!

November – We shared a second BBQ breakfast for the year held after our Saturday morning training session. More than 65 members joined together & enjoy culinary delights of bacon and egg rolls. Thanks again to all the team of cooks and bacon and egg roll makers including Jeff, Chris K, Don, Tracey, and Karen T.

December – The social calendar culminates with the Rottneest Swim-Thru weekend. As usual, this weekend did not disappoint with great swimming conditions & lots of fun following the swim. We had 36 members staying in 7 units and we shared a late lunch at one of the units followed by drinks at the Rottneest Hotel. Some decided that they had not drunk enough at the pub, so more liquids were consumed at Unit 207 until the early hours of Sunday morning!!!

As per usual Rottneest was fantastic. Thanks to all that attended.

Many thanks go to the group of 15 members who assisted in securing the accommodation- which is a very stressful & time-consuming task.

December – We shared a final BBQ breakfast for the year held after our Saturday morning pre-Christmas training session. More than 70 members joined together & enjoyed the culinary delights of bacon and egg rolls. Thanks again to the team of volunteers including Jeff, Don, Chris K & Sandra Kannemeyer, it was a job well done.

Thanks to all those who attended the social events throughout the year.

We look forward to an even better 2024.

Uniforms – Gale West and Steve Gale

This year has been a very successful year with our 40th year Anniversary jackets, in which over 100 jackets were purchased within the club. This helps advertise and celebrate our clubs success, throughout the years and within the community.

We would like thank Gary Clifton & the Anniversary Committee, for making this possible.

We would like to thank every member who helps support the uniform team throughout the year at breakfast mornings to make our club stand out & be proud of our uniform & kit.

Financials

**Westcoast Masters Swimming Club Inc.
Profit and Loss Statement
1st January 2023 - 31st December 2023**

Income

| | |
|----------------------|-------------|
| Club Fee's | \$17,513.00 |
| Merchandise Sales | \$7,300.00 |
| Carnivals | \$1,000.00 |
| Fund Raising | \$860.00 |
| Coaching | \$0.00 |
| Social events | \$0.00 |
| 40th Anniversary | \$7,700.00 |
| Reimbursements Rotto | \$7,280.00 |
| Donations | \$0.00 |
| Sundry | \$5.76 |

Total Income \$41,658.76

Expenditure

| | |
|-----------------------|-------------|
| Affiliations costs | \$300.00 |
| Lane Hire | \$8,531.04 |
| Social Expenses | \$779.05 |
| Bank Charges | \$80.67 |
| Carnival Expenses | \$0.00 |
| Merchandise purchase | \$2,434.30 |
| Fund Raising Expenses | \$37.12 |
| Rotto expenditure | \$7,811.10 |
| Coaching | \$718.44 |
| Trophies | \$106.90 |
| 40th Anniversary | \$13,888.88 |
| Sundry | \$1,820.79 |

Total Expenditure \$36,508.29

YTD Profit/Loss \$5,150.47

Westcoast Masters Swimming Club Inc
Cash at Bank
as at 31st December 2023

| | | |
|---|-------------|--------------------|
| Cash at Bank 1st January 2022 | | \$28,945.77 |
| Plus | | |
| YTD Income | \$41,658.76 | |
| Cash on hand | \$0.00 | |
| Total Income | | \$41,658.76 |
| Less | | |
| YTD Expenditure | \$36,508.29 | |
| Unpresented Cheques | | |
| Invoices to be paid | \$0.00 | |
| Reimbursements to be paid | \$0.00 | |
| Total Expenditure | | \$36,508.29 |
| Cash at Bank | | \$34,096.24 |
| BW Operating Account Balance as at 31/12/2023 | | \$22,582.48 |
| BEN Operating Account balance as at 31/12/2023 | | \$6,508.00 |
| BEN Savings Account balance as at 31/12/2023 | | \$5,005.76 |
| Variation | | \$0.00 |



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 If you're a business customer, call 13 7000

BUSINESS ZERO TRAN ACCOUNT STATEMENT

| | |
|----------------|------------------------------|
| BSB Number | 306-104 |
| Account Number | 419857-0 |
| Period | 29 Nov 23 - 28 Dec 23 |
| Page 1 of 1 | Statement Number 380 |

THE COMMITTEE
 WESTCOAST MASTERS SWIMMING CLUB INC
 47A LEFROY ST
 GINGIN WA 6503

Account of: WESTCOAST MASTERS SWIMMING CLUB INC

| TRANSACTION DETAILS FOR ACCOUNT NUMBER: 419857-0 | | | | |
|--|--|------------|----------|--------------------|
| Date | Particulars | Debit | Credit | Balance |
| 29 NOV 23 | OPENING BALANCE | | | \$24,074.81 |
| 30 NOV 23 | Refund Rotto Accommodation | \$175.00 | | \$23,899.81 |
| 30 NOV 23 | Refund Grant Williams Direct member | \$215.00 | | \$23,684.81 |
| 04 DEC 23 | Karen I Theunisse 09:23AM 04Dec Rotto ac | | \$175.00 | \$23,859.81 |
| 04 DEC 23 | T HARRISON 08:08AM 02Dec | | \$220.00 | \$24,079.81 |
| 11 DEC 23 | G POTTS 04:19PM 09Dec Potts subs | | \$219.00 | \$24,298.81 |
| 13 DEC 23 | Lane Hire Craigie November | \$924.80 | | \$23,374.01 |
| 13 DEC 23 | Refund G Potts Membership paid | \$219.00 | | \$23,155.01 |
| 13 DEC 23 | Refund Coaching Related costs | \$67.43 | | \$23,087.58 |
| 13 DEC 23 | Refund P Kerman Rotto | \$284.10 | | \$22,803.48 |
| 18 DEC 23 | Refund Rotto Accom | \$235.00 | | \$22,568.48 |
| 22 DEC 23 | Entertainment Pu COMM. 91219 | | \$14.00 | \$22,582.48 |
| 28 DEC 23 | CLOSING BALANCE | | | \$22,582.48 |
| | TOTAL DEBITS | \$2,120.33 | | |
| | TOTAL CREDITS | | \$628.00 | |

Make sure you check the entries on this statement carefully. If you see something that doesn't seem right, call us on 13 17 19. For more information about your account, and for details of the dispute resolution mechanism that covers disputed transactions and complaints (including how to access the mechanism and to make a complaint – including to the external dispute resolution body - the Australian Financial Complaints Authority), please see the Product Disclosure Statement for this product (available at our website and branches), or call/visit us. Bankwest, a division of Commonwealth Bank of Australia ABN 48 123 123 124 AFSL / Australian credit licence 234945. If you don't want to receive promotional information from us, let us know by calling us on 13 17 19.

Bendigo Business Everyday Account



009658

 WESTCOAST MASTERS SWIMMING CLUB INC
 47A LEFROY STREET
 GINGIN WA 6530

Your details at a glance

BSB number 633-000
Account number 209389469
Customer number 52763190/1201
Account title WESTCOAST MASTERS SWIMMING CLUB INC

Account summary

Statement period 3 Nov 2023 - 31 Dec 2023
Statement number 2
Opening balance on 3 Nov 2023 \$1,000.00
Deposits & credits \$5,508.00
Withdrawals & debits \$0.00
Closing Balance on 31 Dec 2023 \$6,508.00



Any questions?

Contact Stephen Fidge at 3 Constable St, Gingin 6503 on 08 9575 1560, or call 1300 BENDIGO (1300 236 344).

335BH1316 / E-0 / S-103 / I-103 / 006276319239063

Bendigo Business Everyday Account

| Date | Transaction | Withdrawals | Deposits | Balance |
|---|---|---------------|-------------------|-------------------|
| Opening balance | | | | \$1,000.00 |
| 1 Dec 23 | INTEREST | | 0.00 | 1,000.00 |
| 4 Dec 23 | DIRECT CREDIT Swim Centr_ P7fujbhR SwimCentralPayou 0272366865 | | 864.00 | 1,864.00 |
| 11 Dec 23 | DIRECT CREDIT Swim CentralPa-1cYP SwimCentralPa 0274079275 | | 1,404.00 | 3,268.00 |
| 18 Dec 23 | DIRECT CREDIT Swim CentralPa-clfA SwimCentralPa 0275898211 | | 1,188.00 | 4,456.00 |
| 27 Dec 23 | DIRECT CREDIT Swim CentralPa-y3rm SwimCentralPa 0278127601 | | 2,052.00 | 6,508.00 |
| Transaction totals / Closing balance | | \$0.00 | \$5,508.00 | \$6,508.00 |

Business EasySaver Account

008658

 WESTCOAST MASTERS SWIMMING CLUB INC
 47A LEFROY STREET
 GINGIN WA 6530

Your details at a glance

BSB number 633-000
Account number 209389477
Customer number 52763190/V501
Account title WESTCOAST MASTERS SWIMMING CLUB INC

Account summary

Statement period 1 Dec 2023 - 31 Dec 2023
Statement number 3
Opening balance on 1 Dec 2023 \$5,000.00
Deposits & credits \$5.76
Withdrawals & debits \$0.00
Closing Balance on 31 Dec 2023 \$5,005.76



Any questions?

Contact Stephen Fidge at 3 Constable St, Gingin 6503
 on 08 9575 1560, or call 1300 BENDIGO (1300 236 344).

335841316 / E-0 / S-101 / 1-1-01 / 0052763190230053

Business EasySaver Account

| Date | Transaction | Withdrawals | Deposits | Balance |
|---|-------------|---------------|---------------|-------------------|
| Opening balance | | | | \$5,000.00 |
| 1 Dec 23 | INTEREST | | 5.76 | 5,005.76 |
| Transaction totals / Closing balance | | \$0.00 | \$5.76 | \$5,005.76 |

We suggest you carefully check all entries on your statement. Apparent errors or possible unauthorised transactions should be promptly reported to us.

The security of your Personal Identification Number (PIN) is very important. To avoid being liable for unauthorised transactions, you should follow the terms and conditions of your account. We also recommend some simple steps to protect your PIN:

- Memorise your PINs and passwords and destroy any communications advising you of new ones. Don't keep a record of your PINs or passwords, in written or electronic form.
- If you choose your own, ensure that it is not something easy to guess like your (or a family member's) birth date, name, phone number, postcode, driver's licence number or numbers that form a pattern.
- Don't tell anyone your PIN, not even friends, family or a bank representative.
- Ensure nobody watches you enter your PIN or password. A good practice is to cover the keypad when you put in your PIN or password.
- Watch out for email, SMS or call scams asking for details relating to your account. If you receive suspicious emails, please contact us immediately.

Please note: These are guidelines only. While following these steps will help you to protect your PIN, your liability for any losses arising from unauthorised transactions is determined in accordance with the ePayments Code. For further details, see <https://asic.gov.au/regulatory-resources/financial-services/epayments-code/> or visit bendigobank.com.au/mycard for all card related information. Business customers visit [mybusinesscard](https://bendigobank.com.au/mybusinesscard).