



## ANNUAL REPORT 2018

### **PRESIDENT**

**Mike Kerman**

I would like to thank everyone involved with Westcoast Masters for another enjoyable and successful year. Once again membership numbers have been strong ending the year with 131 members. A pleasing element of the membership base is the club's ability to attract new members. We welcome them and encourage existing members to continue their swimming journey.

Like any club, how successful the club may be is heavily dependent on the support and involvement of its members. To my fellow committee members, thank you for the tireless hours and contribution you have made over the year. I know you choose to volunteer for these roles but I personally would like to say thank you for your support and assistance throughout the year. Without this team effort the club's ability to function at all levels would not occur. Training sessions, pool and ocean swim meets, social nights, club uniforms and our Rottnest weekend (along with smart club attire) would not have run as smoothly and with as much enjoyment. The club is truly blessed to have had such a committed group ably supported by fellow club members when the need to help out arises.

Although a number of committee members have indicated their willingness to continue on in 2019, due to other commitments, Sandra Teagle will be stepping down from her role as Social Coordinator. Sandra has done a fantastic job this year working tirelessly, planning and organizing events for the benefit of club members. Thanks again Sandra.

At Westcoast Masters, we endeavour to provide our swimmers with every opportunity to reach their swimming goals. A big thanks to the club's Coaching Coordinator Shaun Harrison and his team of volunteer coaches for another great year in providing a variety of challenging programs and assisting members with tips on improving their swimming capability.

Although it has been suggested that our club is not strong in participating competitively, there is a small group of members who have represented the club both in pool and Open Water events. The club continues to encourage members to challenge themselves and get involved in such events.

This year the club organized 2 x beach challenges (Run, Swim, Run, Swim) at Mullaloo Beach. Both events were well supported by club members. The second event was held in conjunction with celebrating the clubs 35<sup>th</sup> year. The Run / Swim was followed by a great BBQ and some yarns from original club member Ronda Sales.

Our club is grateful for the generous support given by our Sponsors for 2018: Darren Cooper through Power Plus Air; Marg and Jeff Ernst through Harcourt Alliance; The Gale Family through Clear-Thru Window Cleaning Services; Sean Neary through Neary Consulting Tax Specialist; Kerman Family through Kerman Contracting. Special mention to Mark Gill from Leapfrogs Restaurant. I thank them on behalf of the club and ask that where possible members support their businesses.

In closing I thank each member at the club from the newest member to the oldest. Let's continue to make Westcoast a strong and successful club displaying the key values of Fun, Fitness & Friendship.



**Craigie Leisure Centre – Christmas Training session**

## **VICE PRESIDENT**

### **Sean Neary**

Another strong and enjoyable year for Westcoast with a great deal achieved both in and out of the pool. The role of VP includes running the annual club carnival and assisting the president. With no club carnival this year, my focus was on the latter.

Due to legislative change we were required to review and modernise our constitution, with the results being tabled for approval at the AGM. Our club remains strong and happy, so the objective was to keep changes to the minimum required to remain compliant.

During the year I had the opportunity to attend the Council of Clubs in Mike's absence, a valuable learning experience. The state body has ambitions of regaining a lead role in running reasonably priced open water swims and have requested WWC assistance in running the new Mullaloo Mile on 2 March 2019. The Committee has committed to assisting at the 2019 event only at this stage, remaining cautious of the time and cost involved in running modern open water events and attracting swimmers in an already crowded calendar. In the meantime, we encourage all members to support the Masters open water swims marketed via [www.wowswims.com.au](http://www.wowswims.com.au).

The remaining item of note has been the building of a happy and effective Committee under the able leadership of our president. All Committee members contributed strongly within their portfolio and the wide spread of ages and perspectives amongst the group is the foundation upon which strong clubs are built.

## **TREASURER**

### **Geoff Potts**

Income from club fees for 2018 stands at \$15,946.09. This varies each year depending on how many members have paid their subs. There was a negative cash flow of \$1110.75.

Membership fees need to cover Lane Hire (\$11,000) with the remaining \$4947 for general club costs. Membership fees of \$200 per member are split as follows:-

- \$76 to the State and National bodies.
  - \$90 to cover lane hire.
  - \$34 for the general running of the club, which includes activities such as clothing, our annual Rottnest weekend, Coaching Clinics, equipment and certain Social events.
- These are designed to run roughly at break even.

We are very appreciative of the sponsorship by various members, which contributes to subsidising the Rottnest weekend uniforms, as well as to our annual volunteers' dinner.

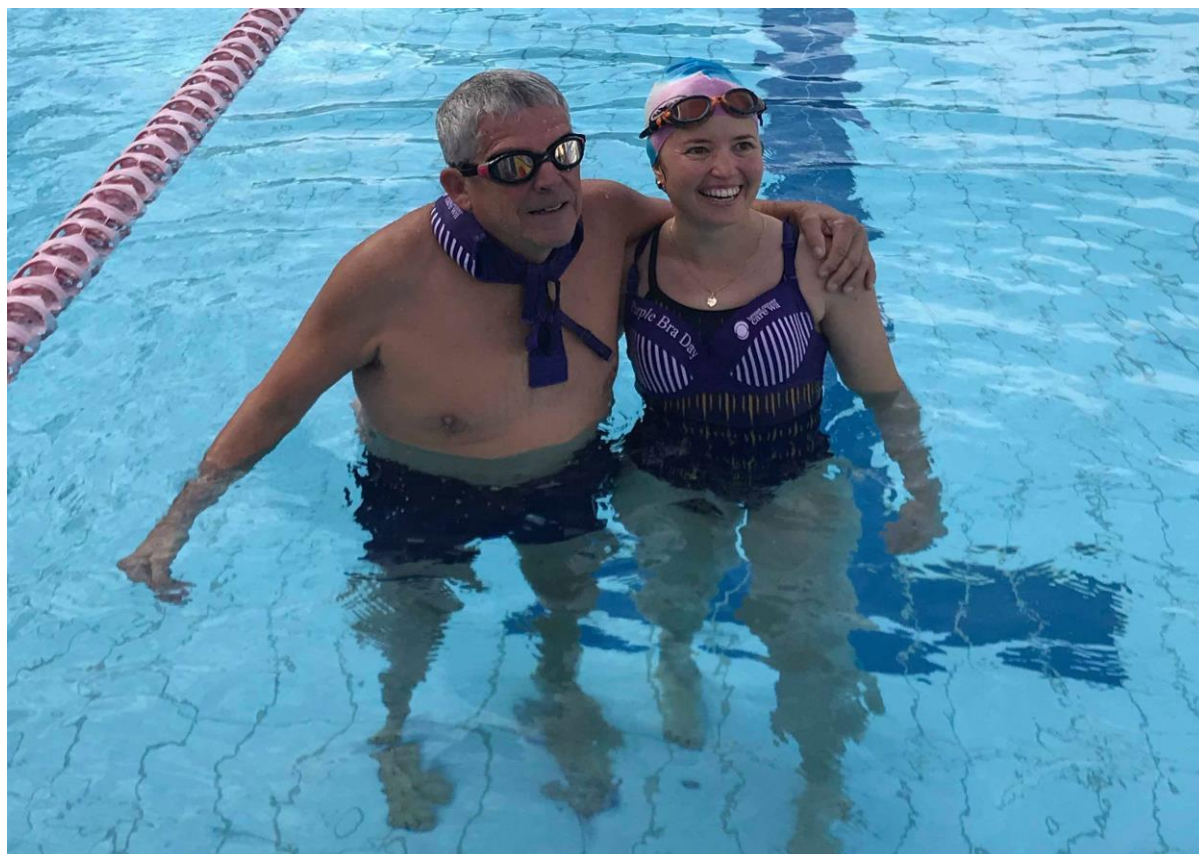
Cash at hand at the end of the year was \$18,994.62. This varies each year depending on how many members have paid their 2019 membership by the end of 2018.



The club requires \$7,500 as a specific float to cover prepayment of Rottneest accommodation between July and December each year.

Fund raising (mainly sausage sizzles) raised \$1710, sponsorship raised \$1500. A very big thank you to all who contributed time and generous sponsorship to these activities.

At the moment the Club finances are in a healthy state and the committee will investigate whether there is a need to have a Bunnings Sausage sizzle in 2019 to raise further funds.



**Caroline White and Graem O'Loughlin, celebrating Purple Bra Day**

#### **CLUB COACH COORDINATOR**

**Shaun Harrison**

This has been my first year as the coaching coordinator and we have, yet again, had a very successful year in the pool.

We have a unique set up at Westcoast Masters where the coach's duties are shared by many. Whilst this seems to work for our membership by reducing members coaching hours and allowing them to spend more time in the pool, it does present challenges with consistently following a structured program. I would like to thank the coaches who attended my first coaching forum and all of the coaches who have volunteered their time for the coaching roster in the past year.

The club again had good participation at the local relay carnivals.

I would like to congratulate the small but successful contingent that went to the Masters National Championships that were held in April in Perth. A special mention to those swimmers who achieved gold in their age groups including Geoff Potts, Mike Gittings and Kieren Lawrenson. I would also like to congratulate Elise Bell as the only female representative of the club.

Congratulations also go to all those who participated in the Rottnest Channel Swim and the Port to Pub despite challenging circumstances preventing completion on both days for some swimmers. Special mention to Kacy Mazzini and John Everitt who successfully completed the Rottnest Channel Swim.

I would like to wish John Everitt and Siobhan Goodwin and all other participants a successful Rottnest crossing for 2019.

Congratulations to Kieren Lawrenson on participating in the most unusual open water swim in July, Swim the Arctic Circle, from Finland to Sweden and placing second no less.

With the help of all of the coaches on the volunteer roster we look forward to another great year in 2019. If you would like to help on the coaching roster, please let us know. The more volunteer coaches we have on the roster the more time we all get to spend in the pool.



**Rottnest Swim Thru starters**

## **CLUB CAPTAINS REPORT**

**Darren Cooper and Jacinta King**

To all members, thank you for your support throughout 2018. It's been a pleasure to be your Club Captains, not to mention rewarding to see many members attend, compete and enjoy representing Westcoast Masters in both pool and open water events throughout the year.

### **Pool Events**

There were some great results and attendance at the Beatty Park Twilight and the Golden Groper Relay Carnivals: just a few more competitors and we may have placed in the top two in the overall standings in both of these events. Something to aim for in 2019.

The 2018 Nationals was a great success with some fantastic individual and relay team results deserving a special mention.

Kieren: 2 x Gold, 4 x Silver and 4 x Bronze + 2 x relay Bronze.

Mike Gittings: 3 x Gold, + 2 x relay Bronze

Geoff Potts: 1 Gold + 2 relay Bronze

Richard Von Senger: 1 x Bronze

Rory Trotter: 1 x Bronze

Mike Kerman: 1 x relay Bronze

Adrian Hirsch: 1 x relay Bronze

That's a total of 6 Gold, 4 Silver and 8 Bronze in a national event!

### **Open Water Events**

It was pleasing to see so many members participate in open water events this past year, and again some great results achieved. We had competitors in many open water events: Rottnest Channel Swim, Busselton Jetty Swim, Swim Thru Perth, Lake Leschenaultia and the MSWA State Open Water Swim, just to mention a few. However, the Rottnest Swim Thru and the Swim Run Swim at Mullaloo were both highlights in terms of member support. Just a few more competitors in the Swim Thru and we would have won the participation award - again something to aim for in 2019.

Congratulations to all who represented the club this past year. We would like to encourage even more members to get involved in both the open water and pool events in 2019. And stay tuned for information about a new Masters event, The Mullaloo Mile, to be held on 2 March 2019 at Mullaloo Beach.

Most important of all: Masters Swimming is about getting some exercise, having some fun and building friendships.





**Kacy Mazzini and Mark Richards finishing the Clubs “Run Swim Run Swim” held in April.**

## **REGISTRAR**

### **Viki Shelver**

Although a very successful year, our numbers have not reached the same as last year when we peaked at 150. The final number of registrations for 2018 was 131, which still sees us as one of the largest masters swimming clubs in Western Australia.

At the start of December, when 2019 registrations opened our final figures were:

Second claim members	3
4-month memberships	2
16-month memberships (17/18)	6
16-month memberships (18/19)	4
12-month memberships	116

We had a number of inquiries and people trialling throughout the year, many of these taking the opportunity to join, while a few choose not to make the commitment.

**PUBLICITY OFFICER****Amy Kerman**

2018 was my first year in the Publicity Officer role. It was a big learning curve trying to balance the eNews and News Flash communications and the Facebook and website pages. However, I have thoroughly enjoyed putting together the communications for you all.

I put a new spin on the eNews and Newsflash communications with a new layout and change to fortnightly eNews communications, which was well received by members. Unfortunately, the website and Facebook updates have not been as consistent but all basic information is current, as of the end of 2018.

Fortnightly emails have continued to provide members about club social events, competitions and general information relating to ongoing club business. Although there was a period of one month with no communication while I was travelling, all relevant information was made available before I left.

I am happy to continue the role in 2019, and am always willing to hear any ideas or feedback to change and improve club communications.

**RECORDER****Lorraine Quayle**

During 2018 my role has been to liaise with the club captains to enter members into swimming events. I have also recorded event results using the Westcoast Team Manager Data base.

Anyone who has competed in Pool Events or Open Water Swims will be able to access their time sheet on the Club's website under the Swim Events/Club Results Tab.

Please remember to let me know if you have swum in any other Open Water Swims or Pool Events as these can also be added to your personal records.





**One of the teams from the Club Quiz Night held in July**

## **SAFETY**

### **Chris West**

2018 has been another safe and healthy year for Westcoast members both in the pool and ocean.

Given the number of events and regular swim sessions, this is only possible because of the commitment of all those involved. On behalf of the committee and club, I offer my thanks to you all for making it so!

I take this opportunity to remind all members to complete a new medical form for 2019. Forms will be available at the AGM and at future training sessions.

Thank you again for your continued support in making swimming with Westcoast Masters a safe and healthy experience.

All the best for 2019!



**Club members showing off our fabulous Rotto Swim Thru T-shirts**

## **UNIFORMS**

### **Sammy Gale and Gail West**

What a great year we had in 2018. We ordered lots of new uniforms including jackets, shorts, pants and beanies to be a part of our club's uniforms.

The Rottnest shirts once again had a nice simple design but were still a great hit with everyone. Thank you to all our sponsors for their support for Rottnest this year. It is very much appreciated by all.

## **SOCIAL COMMITTEE**

### **Sandra Teagle**

Well another quick year - time is surely running away with us!

I hope you all enjoyed the social events that we offered this year. We are never sure what people want so we try to cover a variety of things. Please let your new social committee know of any suggestions you may have.

Just to recap events this year:

- |        |  |
|--------|--|
| Feb 10 | Dinner at the Esplanade Hotel, night before Busselton Jetty Swim |
| Mar 3  | Music in the Park (Greenwood) – BYO Picnic                       |

Mar 24	Cook your own Pizza/snags, bad taste dress up/Steve Evans home
Apr 8	Swim/run – provided egg and bacon rolls
Apr15	Bunnings Joondalup Sausage Sizzle
May 6	Mini Golf/Meal and Drinks – Wembley Golf Course
June 24	High Tea at Vanessa Allan’s home
July 7	Provided bacon rolls for Purple Bra Day
July 28	Quiz Night – Rob Baddock Community Hall, Kallaroo
Sep 1	Thai Cookery Night/Lex Robertson – Ros Harker’s home
Oct 27	Lawn Bowls/Dinner – Scarborough Sportsman’s Club
Nov 18	Swim/run – provided egg and bacon rolls/cool drinks
Dec 1	Rottnest Swim Thru – Provided post-swim meal
Dec 22	Provided morning tea
Jan 19	Provided morning tea

Thank you to all those who volunteered to help me this year, and I wish the new social committee a great year ahead.



**Group of members who attended the Lawn Bowls evening in October**

**END**