



ANNUAL REPORT 2019

PRESIDENT

Mike Kerman

Once again members, what a great year our swimming club has had. Yes a big thanks to all members for your contributions big and small. Membership numbers have been strong ending the year with 125 members. Throughout the year the club has had a constant stream of new people showing interest and trialling to see if this great sport is for them. I look around and can see a number of new faces that have joined up and settled into the Westcoast way of life. We welcome them and encourage existing members to continue their swimming regime.

Like any club, how successful the club may be is heavily dependent on the support and involvement of its members. To my fellow committee members, thank you for the tireless hours and contribution you have made over the year. I know you choose to volunteer for these roles but I personally would like to say thank you for your support and assistance throughout the year. Without this team effort the clubs ability to function at all levels would not occur. Training sessions, pool and ocean swim meets, social nights, club uniforms and our Rottnest weekend (along with smart club attire) would not have run as smoothly and with as much enjoyment. The club is truly blessed to have had such a committed group ably supported by fellow club members when the need to help out arises.

Although all committee positions are open for 2020, a number of committee members have indicated an interest to continue on in 2020. At the same time some existing committee members will be stepping down allowing the opportunity for other Westcoast members to step up and support their club. To those people stepping down, I would like to take this opportunity to personally thank the following, - Kerry Hodson (secretary), Shaun Harrison (Coaching Coordinator), Geoff Potts (treasurer). All have made significant contributions to the club.

At Westcoast Masters, we endeavour to provide our swimmers with every opportunity to reach their swimming goals. A big thanks to the clubs Coaching Coordinator Shaun Harrison (in his final year in the role) and his team of volunteer coaches for another great year in providing a variety of challenging programs and assisting members with tips on improving their swimming capability. Special thanks must also go to Caryn Keillor who has given a significant amount of her time to coaching Lanes 1 and 2 on Saturdays. Caryn brings that personal touch and I know the girls in lane one love her.

Although it has been suggested that our club is not strong in participating competitively, there is a small group of members who have represented the club both in pool and Open Water events. The club continues to encourage all members to challenge themselves and get involved in such events.

This year the Social committee led by Vanessa Allan, has worked hard to organize a number of events over the year including a quiz night and bowling night to name a few. The club also organized a beach challenge (Run, Swim, Run, Swim) at Mullaloo Beach which was well supported by club members. A big thank you also goes to Peter Kerman who once again organized accommodation for the Rottneest weekend in December. Special mention to Vanessa for organizing the food for the fabulous dinner held after the big swim.

2019 also saw Westcoast assist MSWA in managing the inaugural Mullaloo Mile Open Water Swim event. It was great to see so many club members volunteer for various roles during registration and participating in the swim. The event will be run again in 2020 with Westcoast once again playing a big part in assisting MSWA.

Our club is grateful for the generous support given by our sponsors for 2019: Darren Cooper through Power Plus Air; Marg and Jeff Ernst through Harcourt Alliance; The Gale Family through Clear-Thru Window Cleaning Services; Sean Neary through Neary Consulting Tax Specialist and Kerman Family through Kerman Contracting. A special mention also goes to Mark Gill through Leapfrogs Restaurant. I thank them on behalf of the club and ask that where possible members support their businesses.

In closing I thank each member at the club from the newest member to the oldest. Let's continue to make Westcoast a strong and successful club displaying the key values of Fun, Fitness & Friendship.

I request that this report be accepted.



Club members poolside for the last swim before Christmas

VICE PRESIDENT

Sean Neary

It's been another busy and enjoyable year for the club and its members. Highlights included excellent attendance at club training, yet another great Rotto Swim Thru weekend, great participation in various open water swims and an emerging group keep on inter-club pool events. Members also appreciated some fine poolside oratory.

A big thank-you to the coaches, other volunteers and members of the committee for their tireless efforts.



Sean Neary and Darren Cooper preparing for the Mullaloo Mile in March

TREASURER

Geoff Potts

The Treasurer's Report for the year ending 28 December 2019 is tabled separately.

Income from the Club Fees for 2019 stand at \$13,036.69.

Membership fees have been raised by \$5 for 2020 to \$205.00, this is to cover increases in State and National fees

Membership fees per member are split up as follows,

\$82 National and State fees

\$90 Lane fees

\$33 for general running of the Club, which include activities such as Clothing, Rottnest, Coaching Clinics, Equipment, certain Social events and Carnivals.

We are extremely appreciative to the Club Sponsors, who contribute to subsidise the Rottnest weekend shirts. \$1500 was donated by them for 2019.

Cash at hand at the end of 2019 was \$18,198.60 this varies each year depending on how many members have paid their membership for 2020 by the end of 2019. The club requires \$6500 as a specific float to cover prepayment of Rottnest accommodation for the swim through. There was a negative cash flow of \$2,483.39 for 2019

The Club finances are in a healthy state and the new committee will decide if there is a need to have any Club fund raisers for 2020

Have a good year in the pool



Thursday night swimmers enjoying a well deserved drink at the Wolves Den Bar.

CLUB COACH COORDINATOR

Shaun Harrison

As 2019 comes to an end so do my two years as Coaching Coordinator. I would like to thank all of the coaches for their great energy and commitment in keeping our swim program running smoothly. Whilst I heard lots of personal requests during the year we continued to provide a fun and social program which also serves as a basis for anyone pursuing individual challenges. These challenges vary from first ocean swim to crossing to Rottneest to even swimming in Mexico. I would like to congratulate anyone who not only achieved a personal goal but attempted one this year. We have a lot of swimmers involved in some big swim events in the near future and I would like to wish them well and may the weather Gods smile on them.

Whilst I am stepping down as Coaching Coordinator I will continue to coach and provide support to new Coaching Coordinator who will take over, and I hope to see all club members do the same. We have a great swim club which provides more than just swimming to so many. Here's to a great 2020 for everyone.



Lyn and Nigel King , Debbie Hart, Mark Richards and Chris Kerman the “Losers” from the ten pin bowling night in August.

CLUB CAPTAINS REPORT

Jacinta King and Darren Cooper

To all members, thank you for your support throughout 2019. It's been a pleasure to be your Club Captains for another year, not to mention rewarding to see many members attend, compete and enjoy representing Westcoast Masters in both pool and open water events throughout the year.

Pool Events

This year we saw some great results and attendance at both the Golden Groper Relay and Beatty Park Twilight Carnivals, which were our two targeted pool events this year.

Golden Groper Relay Carnival

We had 27 members compete at the Golden Groper relay carnival and placed 3rd overall. There were also some state records broken by members of the club.

Congratulations to Geoff Potts who set an Individual state record for the 65-69 age group, 25m Backstroke in 17.25 sec.

Congratulations to the following relay teams who also set state records:

☑ 72-119 age group. 4x 50m Mixed Freestyle in 1.58.50 – Dave Farrell, Samantha Szokolai, Amy Kerman and Tom Lambert.

☑ 72-119 age group. 4 x 50m Women Medley in 2.42.96 – Lenae Dohmen, Sammy Gale, Amy Kerman and Samantha Szokolai.

Beatty Park Twilight Carnival

In the Beatty Park Twilight carnival there were considerably less numbers than previous years with 10 members competing. However, Westcoast swam competitive times overall with numerous age groups winners across all categories except Butterfly (which no one entered). Nearly everyone who entered won their age group category for that event. Below are the age group winners:

Freestyle: Jacinta King, Elise Bell, Jay Prchal, Kieren Lawrenson, Shaun Harrison, Geoff Potts, Frank Prchal

Backstroke: Carmi Louw, Jay Prchal, Geoff Potts

Breaststroke: Jacinta King, Kieren Lawrenson, Shaun Harrison, Steve Evans, Frank Prchal

Open Water Events

It was pleasing to see so many members participate in open water events this past year, and again some great results achieved. We had competitors in many open water events: Rottnest Channel Swim, Port to Pub, Busselton Jetty Swim, Swim Thru Perth and the Christmas10k to name a few.

Mullaloo Mile

Of particular note, the MSWA State Open Water Swim was held for the first time at Mullaloo beach and named the Mullaloo Mile by WOW Swims. Westcoast members volunteered their time to ensure that the first year of the Mullaloo Mile event ran smoothly from pre-event liaising with the Mullaloo Surf Club for water safety to registration and tattoo application on the day.

Westcoast proved once again to be strong and competitive at open water events with Frank van Rooyen placing 3rd overall and a number of age group winners for the 1600m (Michael Quatermaine, Siobhan Goodwin and Carmi Louw) as well as the 3200km (Lisa Bergin, Nathan Perrett and Margot Sudintas).

Rottnest Swim Thru

The club participated in another successful Rottnest Swim Thru weekend. Despite some difficult weather conditions on the day, everyone swam well and enjoyed themselves. Well done to all of our club members who volunteered and/or participated in the swim. Thank you to Peter Kerman for your efforts in organising the club accommodation this year, along with all of the unit key holders. Thank you to Vanessa Allan and the social committee for your hard work in organising dinner. Thank you finally to Gail West and Sammy Gale for once again designing and organising the club shirts.

Congratulations to the following members who won their age group:

- Lisa Bergin (44-49 yrs) : 0:26:08.5
- Viki Shelver (65-69 yrs) : 0:27:12.8
- Margo Sudintas (70-74 yrs): 0:36:51.2

Fastest Swimmer from the club and closest to nominated time in the club - Jay Prchal - 0:26:07.2

Congratulations to all who represented the club this past year. We encourage even more members to get involved in both the open water and pool events in 2020. And stay tuned for information about the Mullaloo Mile, to be held for the second year on Saturday 29 February 2020 at Mullaloo Beach. Most important of all: Masters Swimming is about getting some exercise, having some fun and building friendships.



Graem O'Loughlin, Peter Kerman, Darren Cooper, Don Preiato and Sammy Gale.

REGISTRAR

Viki Shelver

Although a very successful year, our numbers have not reached the same as last year when we peaked at 131. The final number of registrations for 2019 was 126, which still sees us as one of the largest masters swimming clubs in Western Australia.

At the start of December, when 2020 registrations opened our final figures were:

Second claim members 2

6 month memberships 6

16-month memberships (18/19) 4

16-month memberships (19/20) 4

12-month memberships 110

We had a number of inquiries and people trialling throughout the year, many of these taking the opportunity to join, while a few choose not to make the commitment.



Club members at the Melbourne Cup club event in November.

PUBLICITY OFFICER

Amy Kerman

2019 was another great year in the Publicity Officer role. It continues to be a role in which I am always learning, and making interesting spelling mistakes despite efforts not to. I have continued to enjoy putting together the communications for you all this year.

2019 saw the continuation of changes made in 2018, with fortnightly eNews and adhoc Newsflash communications. The club website remains up to date with all basic information current - maybe a good project and area of focus for this role in 2020.

Fortnightly emails have continued to provide members with information about club social events, competitions and general information relating to ongoing club business. I am happy to continue the role in 2020, and am always willing to hear any ideas or feedback to change and improve club communications.

RECORDER

Lorraine Quayle

Once again, in 2019, my role has been to liaise with the club captains to enter members into swimming events. I would like to thank Kieran for his help during my time away on holidays by entering swimmers into the Beatty Park twilight event.

I have also maintained a record of any event results using the Westcoast Team Manager Data base. Anyone who has competed in Pool Events or Open Water Swims will be able to access their time sheet on the Club's website under the Swim Events/Club Results Tab.

Happy swimming in 2020.



Karis Chaplyn and Carmi Louw helping out at the Mullaloo Mile

SAFETY

Chris West

I'm glad to report that 2019 has again been another safe and healthy year for Westcoast members, both in the pool and the ocean.

Given the number of events and regular swim sessions that take place throughout the year, this is only possible because of every members' commitment to health and safety. On behalf of the Committee and the club, my thanks to you all for making it so!

I take this opportunity to remind all members to complete a new medical form for 2020. This is important so that our records, including Emergency Contact Details, remain current. Forms will be available at the AGM and at future training sessions.

Thank you again for your continued support in making swimming with Westcoast Masters a safe and healthy experience.

All the best for 2020!

UNIFORMS

Sammy Gale and Gail West

We've had quite a few sales of old stock during the year at our monthly morning teas, clearing the way for new additions as we need them.

Special thanks go to all our sponsors, who as usual contributed generously and significantly to our Rotto weekend garb – once again a hit.



Club quiz night in July

SOCIAL COMMITTEE

Vanessa Allan

The Social Committee took a new approach to organising social events in 2019 – we made each lane responsible for a social event. I think this did work to some extent as the socialising was spread around the club rather than just amongst the regular socialites. But I think that perhaps the social events were a little too spread out and perhaps we need to add to this approach with some more co-ordinated social events outside the lanes – a bit more focus needed from our social committee 😊

A heartfelt thanks goes out to those lanes that did participate in the social organising:

Lane 4 – Pizza Night on 13th April

Lane 2 – Bubbles and Brushes – painting afternoon on 2nd June

Lane 1 – Quiz Night on 27th July

Lane 3 – Ten Pin Bowling on 31st August

Needless to say we had a good turnout for all these events and they were each in their own way great successes.

We also had great fun at the Melbourne Cup Day – and I would be happy to make this a regular event for any who are interested. The in-house pony betting and racing definitely was a winner.

Thanks to my great team on the social committee to your tireless devotion.



Rottnest Swim Thru 2019

END