



## WESTCOAST MASTERS SWIMMING CLUB INC ANNUAL REPORT FOR 2024

### President – Jeff Ernst

As we go forward into 2025, I am pleased to advise that Westcoast Masters continues to go from strength to strength.

Our club and committee does its best to cater for all members' needs, which in the final analysis, gets down to Fun, Fitness and Friendship. Every member remains part of this club for their own personal reasons and we try to assist them achieve their goals in any way possible.

Members have competed in a large and varied number of events during the year including pool, ocean and social events. We have had births, weddings, birthday celebrations, swimming treks, Bibbulmun treks – just to name a few, but most of all, a great comradery within the club.

Your committee has once again run smoothly during the year and every committee member set about looking after their portfolio with a minimum of fuss. As usual their reports will follow my forward and will fill in the blanks.

2025 will bring a few changes to the Committee with Wayne Dohmen to take over as President (Wayne has been a fantastic support for me over the past year and his skills and knowledge will only benefit the club in the years to come).

After many years of service as Social Coordinator, Peter Kerman is taking a well-earned break. Many of us are aware of Peter's commitment to acquiring units at Rottneest for the Swim Thru since the time the club first enjoyed our Rotto excursions. Thanks Pete.

The success of this club, to me, is quite easy to see – maybe just a smile during the regular banter in the lanes, a chat during our morning teas, the competitive chatter and bravado leading up to and after an open water swim and how members will band together during hard times. We are truly lucky that past committees have built this culture over the years and I'm sure it will continue into the future.

Well that's a wrap from me. Thanks for allowing me to be President of this club over the past three years, it's been a great experience.

## Vice President – Wayne Dohmen

My role as Vice President during 2024 was rather easy with very few significant issues requiring vice president involvement. The role was purposeful with me providing support to the President and general committee throughout the year with general business activity.

The main challenge with regard to Club continuity has been the closure of Joondalup during 2023 and remaining closed for our purposes during 2024 and 2025. Lane space has been secured at Craigie for 2025 but early consultation with the Joondalup venue will occur with view to securing lane hire when the venue reopens in 2026.

The year as Vice President has proved beneficial to me in progressing to Presidency during 2025. Having completed four years as Coaching Coordinator and another year as Vice President, I am in a good position to appreciate the needs of Westcoast Masters Swimming Club and its members. I also benefit from the efforts of preceding presidents, Mike Kerman and Jeff Ernst who have done a fantastic job leading our Club operationally with over 137 members and leaving no major outstanding issues requiring resolution in the short term.

I look forward to taking up the position of President during 2025.

## Treasurer – Stephen Fidge

The Profit and Loss Statement for 1 January 2024 to 31 December 2024 is attached at the end of this report. Should any member require the more detailed financial reports, these can be made available upon request.

## Registrar – Susan McHugh

As of 3 January 2025, there were 139 active members, an increase of 4 from the number of active members reported at close of 2023.

Sixty-nine (69) members have renewed their membership for 2025, with the incentive of being eligible for a draw to win one free membership for those who renewed before 12:00 PM on 31 December 2024. At the time of report submission, 70 members had renewed their 2025 membership.

One of my all-time favourite club events is the Rottneest Swim Thru, held on the first weekend of December. It's not just about the swim—it's about the laughs, the memories, and spending a few days away together, getting to know each other better. Always such a great bonding experience.



*Figure 1: Rottnest Swim Thru 2024*

## Coaching Co-ordinator – Viki Shelver

Another year has passed with good membership numbers, resulting in busy lanes throughout the year. Even with the challenges of restricted lane space at Craigie, during the week our swimmers have managed to fit in sessions with or without formal poolside assistance.

A big thank you to all those who did step up and offer their time to manage sessions and provide swimmers with programs. Special mention of our coaches who have maintained their accreditations over the years. These coaches are Viki Shelver, Caryn Kiellor, Marion Durham, Wayne Dohmen and John Burns. These coaches provide us with a foundation and backing to run the successful program that we offer.

We must acknowledge the assistance given to us by Craigie booking staff who looked at ways to manipulate bookings to give us pool space, a very tricky job. With the news of the Arena Joondalup Competition Pool opening in early 2026, we sincerely hope that we can secure our previously permanent midweek bookings there, ensuring some consistency throughout the year.

A few mini challenges were initiated during the course of the year.

- The timed 100's over 3 sessions, was very well supported with some swimmers holding their target pace and others improving towards their targeted time.
- We also ran a freestyle technique and skills session, with a dedicated coach to each lane. This was very much appreciated by the squad, and we hope to set up more of these in 2025. Hopefully, with the help of some outside coaches. There have been requests for form stroke clinics and this will be addressed in the new year.
- The distance challenge of 100's had an adequate response. This was the opportunity to prepare for the open water season setting a target of 20, 30 or 50 x 100's. We will consider running this again during the new year.

In May, the club, once again, offered a refresher CPR course for our coaches. A very big thank you to Nicole Durrant for presenting to our team. A number of members took up to opportunity to get a formal certification, while others merely refreshed their skills.

In August, Jay Prchal gave coaches and members the opportunity to hear about his approach and preparation focus for a 'big swim'. The information shared was very helpful for all who are setting out to assist someone or those who are personally going to do a distance swim for the first time, or anyone who needs to improve their preparation plan.

A few of our coaches attended the annual MSA Coaches conference held in October, where we were given a better understanding of the coaching qualification requirements. With the size of our membership, it would be very useful to have more qualified coaches. As a club we will look at ensuring we have more Program Leaders with the appropriate qualifications. This will be addressed early in 2025.

A sincere thanks goes out to all who have assisted with the coaching duties over the past year. Special mention to those who were recovering from injury and unable to swim, stepping up and doing extra cover. It must be noted that Caryn Kiellor has, once again, given of her time so willingly to assist our lane 1 and 2 swimmers. The time given by all our volunteers is very much appreciated by the other swimmers.

As a club, we look forward to another successful year in 2025, continuing with lanes filled with happy swimmers. If you would like to volunteer some time to assist poolside, please let me know, the more people on the roster ~ the more chances everyone gets to have a swim!!

In the spirit of Fitness, Fun and Friendship – lets all look forward to Swimming for Life! Stay fit, work on your technique and be kind to your fellow swimmers.

## Club Captains – Nathan Perrett and Lily Strugnell

In 2024, Westcoast participated in the following events with our main aim to encourage as much club member involvement as possible:

- Busselton Jetty Swim
- Rottnest Channel Swim,
- Port to Pub swim
- Mullaloo Mile
- Waterman's to the Wall
- Winter Solstice Swim
- Geo Bay Classic
- 24 Hour Relay
- Rotto Swim Thru

### Busselton Jetty Swim

A determined group from the West Coast headed south to Busselton to compete in this year's Jetty Swim. Participants took on the 3.6km challenge, either solo or as part of a team, with many achieving personal bests. The pre-race dinner on Saturday night, a crowd favourite, was hosted at Albies Bar and Bistro. Looking ahead to 2025, mark your calendars—the dinner will be held at the stunning Amelia Park Lodge.

## Rottnest Channel Swim

Westcoast had 4 soloists start the gruelling 19.7km crossing this year for the Rottnest Channel Swim. Unfortunately, with large swell, strong currents and big wind gusts the event was cancelled mid race.

- Nathan Perrett
- Stuart Anderson
- Andre Meyer
- Bree Elliott

## Port to Pub Swim 2024

We had 4 club members complete solo swims in this year's Port to Pub

- Nathan Perrett 2nd Male 25km in 6:52:06
- Damon Brown 7th in the 25km in 7:31:16
- Stuart Anderson 17th in the 25km in 8:22:01
- Jay Prchal 5th in the 19.7km in 5:47:30

Tamzen Horsburgh and Kasia Rymarczyk completed the 19.7km as a duo, coming in at 7:58:42.

Congratulations all on an epic swim!

## Mullaloo Mile

A big thank you to all the volunteers who helped make this event a resounding success! We had an impressive number of swimmers participate on the day, supported by an incredible team of club volunteers.

It was fantastic to see West Coast shine in the inaugural team relay event, securing an impressive 4th place overall.

Special congratulations to Nathan Perrett on his outstanding victory in the 1600m State Championship with a time of 20:31. Well done to Jay Prchal on winning his age group and to Frank Van Rooyen on claiming second place in his.

Well done to everyone who competed and contributed!

## Watermans to the Wall 2024

This year brought another format change, with team events removed entirely. Adding an exciting twist, the swim deviated from the usual open water format. Participants began at Watermans Bay, swam to the Sorrento Surf Life Saving Club, exited the water for a quick run around a post, and then re-entered to finish at the Hillarys Boat Harbour rock wall.

Sixteen swimmers from Westcoast rose to the challenge, all completing the course with impressive times—and celebrating their achievement with a well-earned warm cup of coffee at the finish line.

## Winter Solstice Swim

Despite the wintry conditions, Westcoast Masters had a fantastic weekend at this event from June 21 to 23. Participation was strong at each club swim, and those unable to attend showed dedication by completing their own swims. The club's outstanding efforts led to a decisive and well-earned victory in the challenge.

## Geo Bay Classic

An iconic swim revived in 2023, this event has quickly become a favourite once again. In 2024, West Coast Masters proudly entered two five person teams and a duo team to tackle the mighty Geo Bay swim. Starting at the Quindalup Boat Ramp (Dunsborough) and finishing at Busselton Jetty, the 20km course featured four potential changeover points, with legs ranging from 2.5km to 5km.

Stuart Anderson and Nathan Perrett delivered a standout performance, not only claiming first place by an impressive 15 minutes but also setting a new duo record—an incredible achievement!

The friendly rivalry between the two West Coast Masters teams, the West Coast Wave Runners and the 5 OCs, added to the excitement. Position changes along the route kept the competition fierce, culminating in a thrilling finish. After 20km of swimming, only 43 seconds separated the two teams, with the 5 OCs securing third place and the West Coast Wave Runners taking fifth.

With 2025 already on the horizon, the next event promises to be another unforgettable weekend away!

## 24 Hour Relay – Men’s Talk

The recent Men’s Talk 24-Hour Swim Relay at Terry Tyzak Swimming Pool was an incredible event showcasing teamwork, resilience, and community spirit. Swimmers of all levels united to keep the lanes moving non-stop for 24 hours, raising vital awareness and funds for men’s mental health.

West Coast Masters made an outstanding contribution, with teams swimming countless laps and sharing plenty of laughs. Each team consisted of six swimmers, taking turns in the water with 15minute intervals throughout the 24-hour challenge.

The West Coast Masters Lane 5 Legends topped the leaderboard with an impressive 97.3km covered in 24 hours! The event itself was a massive success, raising \$226,000 for Men’s Talk—a truly remarkable achievement.

Congratulations to Jay Prchal, Damon Brown, Matthew Dohmen, Stuart Anderson, Andre Meyer and Nathan Perrett on your achievements.

## Rotto Swim Thru 2024

This event was a resounding success for the club, both in competition and camaraderie. We were thrilled to have 36 swimmers participate, including some making their debut, and to celebrate two age group champions. Congratulations to Jay Prchal and Viki Shelver on their outstanding achievements! A special thanks to the booking team and social club for arranging such fantastic accommodations. Great work, everyone!

A handful of club members proudly competed in the following events:

- Monkey Mia
- Open Water Series
- WOW Series
- Cut to Club (Mandurah)

I’m sorry if anyone’s participation in the 2024 swimming season has been overlooked.

I wish you all happy swimming

## Safety – Chris West

I'm pleased to report that 2024 has again, been another safe and healthy year for Westcoast members, both in the pool and in the ocean.

The Mullaloo Mile was again a big success this year and continues to go from strength to strength! From a safety perspective, this has been made possible due to the culmination of planning, support and commitment of all of those involved making it a well organised, safe and enjoyable event for all involved! On behalf of the Committee and the Cub, my thanks to you all for making it so!

With respect to the Medical Forms, this is something that is under review with the Committee and guidance has been sought from Masters Swimming WA. As we are awaiting a response we will continue to collect new Medical Forms for 2025 as we need to keep up to date with members emergency contact details. For this reason, I request that all members complete a new Medical Form for 2025. New forms will be made available at the AGM and are also available online.

Thank you again for your continued support in making swimming with Westcoast Masters a safe, healthy and enjoyable experience.

All the best for 2025!

## Social – Peter Kerman

Once again thank you to those members and friends for attending the main social events that were held throughout 2024.

As a recap, the following events were held –

**March** – 50 members and friends attended a pizza night that was again kindly hosted by Glen and Maureen Atkins at their beautiful home in Gnangara. As usual, Glen was in his element pushing out top quality pizzas in no time flat! It was a great night & as usual, no one when home hungry!!!

Thanks again to Glen and Maureen.

**June** – A BBQ Breakfast was held to celebrate the ending of the first half of the calendar year. We had 50 hungry swimmers that needed sustenance & our cooking crew of Jeff, Chris K, Mick K, Gail & performed like clockwork (some more than others!!) to ensure all attendees were able to sample the bacon & egg burgers

**June** – Our hardy ocean swimmers braved the freezing sea to take part in the Winter Solstice competition. A windy, showery Friday afternoon swim was held at Hillarys Boat Harbour followed by a meal and drinks at the Breakwater. It was a terrific team effort that so many swimmers took part, with even more attending the celebratory drinks afterwards.

**September** – We cooked up a storm for our second Saturday morning BBQ breakfast of the year when we had 60+ swimmers. As usual our team of cooks which included Don, Jeff, Chris K, Karen T & Sandra K were at the top of their game!!

**September** – Our annual Ten Pin Bowling evening was held for the first time at the new Breakwater tenpin bowling alley. A group of 35 talented (some more than others!!) enjoyed a really fun evening followed by drinks & a meal.

**December** – The social calendar culminates with the Rottnest Swim-Thru weekend. As usual, this weekend did not disappoint with great swimming conditions & lots of fun following the swim. We had 38 members staying in 6 units and we shared a late lunch at one of the units followed by drinks at the Rottnest Hotel. As per usual Rottnest was fantastic (note - be careful when riding bikes!!!). Thanks to all that attended.

Many thanks go to the group of 16 members who assisted in securing the accommodation, which is a very stressful & time-consuming task. Added thanks go to our Primary Keyholders Jay, Candice & Belinda for their assistance over the last 8 months & of course to Jeff Ernst, Steve Fidge & our committee for their much appreciated support.

We look forward to an even better Rotto 2025!!

Thanks to all members & friends who either assisted with & or attended the social events throughout the last year & look forward to everyone getting behind our new social team for an exciting 2025.

## Uniforms – Gale West and Steve Gale

This year has been a very successful year with most members purchasing merchandise within the club. This helps advertise and celebrate our club's success, throughout the years and within the community.

We have recently placed an order for new bathers & hopefully will be with us very shortly.

We would like to thank every member who helps support the uniform team throughout the year at breakfast mornings to make our club stand out & be proud of our uniform & kit.



## Financials

**Westcoast Masters Swimming Club Inc.  
Profit and Loss Statement  
1st January 2024 - 31st December 2024**

### **Income**

Club Fee's	\$14,227.20
Merchandise Sales	\$2,058.28
Carnivals	\$0.00
Fund Raising	\$1,706.00
Coaching	\$0.00
Social events	\$1,049.82
40th Anniversary	\$0.00
Reimbursements Rotto	\$12,280.00
Donations	\$0.00
Sundry	\$321.04

**Total Income** \$31,642.34

### **Expenditure**

Affiliations costs	\$380.00
Lane Hire	\$8,390.80
Social Expenses	\$1,970.78
Bank Charges	\$3.30
Carnival Expenses	\$0.00
Merchandise purchase	\$1,334.34
Fund Raising Expenses	\$46.96
Rotto expenditure	\$12,486.29
Coaching	\$741.32
Trophies	\$301.36
40th Anniversary	\$0.00
Sundry	\$3,164.53

**Total Expenditure** \$28,819.68

**YTD Profit/Loss** \$2,822.66

## Business EasySaver Account



/6636 009658



WESTCOAST MASTERS SWIMMING CLUB INC  
47A LEFROY STREET  
GINGIN WA 6530

### Your details at a glance

BSB number	633-000
Account number	209389477
Customer number	52763190/V501
Account title	WESTCOAST MASTERS SWIMMING CLUB INC

### Account summary

Statement period	1 Dec 2024 - 31 Dec 2024
Statement number	15
Opening balance on 1 Dec 2024	\$28,692.69
Deposits & credits	\$34.11
Withdrawals & debits	\$0.00
Closing Balance on 31 Dec 2024	\$28,726.80

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### Any questions?

Contact Stephen Fidge at 3 Constable St, Gingin 6503 on 08 9575 1560, or call 1300 BENDIGO (1300 236 344).

### Business EasySaver Account

Date	Transaction	Withdrawals	Deposits	Balance
	Opening balance			\$28,692.69
1 Dec 24	INTEREST		34.11	28,726.80
Transaction totals / Closing balance		\$0.00	\$34.11	\$28,726.80

31122024/ES / E-6636 / S-19192 / H-19192 / 0052763190226511

## Bendigo Business Everyday Account



/6637 008658



WESTCOAST MASTERS SWIMMING CLUB INC  
47A LEFROY STREET  
GINGIN WA 6530

### Your details at a glance

BSB number	633-000
Account number	209389469
Customer number	52763190/1201
Account title	WESTCOAST MASTERS SWIMMING CLUB INC

### Account summary

Statement period	1 Dec 2024 - 31 Dec 2024
Statement number	14
Opening balance on 1 Dec 2024	\$3,869.98
Deposits & credits	\$5,767.00
Withdrawals & debits	\$1,444.88
<b>Closing Balance on 31 Dec 2024</b>	<b>\$8,192.10</b>

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### Any questions?

Contact Stephen Fidge at 3 Constable St, Gingin 6503  
on **08 9575 1560**, or call **1300 BENDIGO** (1300 236 344).

## Bendigo Business Everyday Account

Date	Transaction	Withdrawals	Deposits	Balance
Opening balance				\$3,869.98
1 Dec 24	INTEREST		0.00	3,869.98
1 Dec 24	PAYMENT G POTTS Potts Rotto		550.00	4,419.98
9 Dec 24	DIRECT CREDIT SwimCentr_RMfJ1FuC SwimCentralPayou 0366984587		784.00	5,203.98
10 Dec 24	BILL PAYMENT 0161310473 BPAY TO: COJ SUNDRY INVOICES	966.40		4,237.58
10 Dec 24	OSKO PAYMENT Ros Hawker Reimbursement Westcoast	50.00		4,187.58
14 Dec 24	OSKO PAYMENT C EBSWORTH Cherie Ebsworth Biz Tech Jack>		65.00	4,252.58
16 Dec 24	DIRECT CREDIT SwimCentr_RPGKZc5H SwimCentralPayou 0368876708		784.00	5,036.58
16 Dec 24	OSKO PAYMENT Peter Kerman Rotto Reimbursement - Meal	330.29		4,706.29
16 Dec 24	OSKO PAYMENT Gail West reimbursement Lane Awards	70.00		4,636.29

**Bendigo Business Everyday Account** *(continued)*

Date	Transaction	Withdrawals	Deposits	Balance
16 Dec 24	OSKO PAYMENT Caryn Kiellor Dry Membership refund	28.19		4,608.10
23 Dec 24	DIRECT CREDIT SwimCentralPa-dnR7 SwimCentralPa 0370917095		1,568.00	6,176.10
30 Dec 24	DIRECT CREDIT SwimCentralPa-5M2Z SwimCentralPa 0372419088		2,016.00	8,192.10
<b>Transaction totals / Closing balance</b>		<b>\$1,444.88</b>	<b>\$5,767.00</b>	<b>\$8,192.10</b>