



## **WESTCOAST MASTERS SWIMMING CLUB INC ANNUAL REPORT FOR 2021**

### **PRESIDENT**

**Michael Kerman**

Whilst another challenging year has come and gone, 2021 has been a relatively good year for WA and Westcoast Club members, with minimal disruption to club swimming sessions due to the ongoing Covid pandemic affecting most other states. Once again the club has worked hard over the last 12 months keeping members engaged and active, both in the pool and at the beach.

Membership numbers have remained strong in 2021 with the year finishing at 126 members. The club has had a number of new people showing interest and trialling to see if this great sport is for them. I look around and can see a number of new faces that have joined up and settled into the Westcoast way of life. We welcome them and encourage existing members to continue their swimming journey.

Like any club, how successful a club may be is heavily dependent on the support and involvement of its members. To my fellow committee members, I personally would like to say thank you for your support and contribution throughout the year. Without this team effort the club's ability to function at all levels would not occur. Training sessions, pool and ocean swim meets, social events, club uniforms and our Rottneest weekend would not have run as smoothly and with as much enjoyment. The club is truly blessed to have had such a committed group ably supported by fellow club members willing to pitch in and help out when the need arises. A big thanks again to Jeff Ernst, Steve Fidge, Viki Shelver (also assisting with a 2<sup>nd</sup> position), Wayne Dohmen, Peter Kerman, Caroline White, Nicole Durrant, Chris & Gail West, Lorraine Quayle, Mark Richards, Elise Bell, Karen & Steve Gale.

Whilst all committee positions are open for 2022, a number of existing committee members have indicated an interest to continue on in 2022. At the same time there are some existing committee members who will be stepping down allowing the opportunity for other Westcoast Club Members to step up and support their club.

At Westcoast Masters, we endeavor to provide our swimmers with every opportunity to reach their swimming goals. Once again a big thanks to the club's Coaching Coordinator Wayne Dohmen and his team of volunteer coaches for another great year in providing a variety of challenging programs and assisting members with tips on improving their swimming capability. Caryn Keilor has again given up her time and provided support on Saturdays, coaching Lanes 1 and 2. The club were also very fortunate this year in having Karena Preston from MSWA come to a number of Saturday sessions and provide some additional stroke technique sessions which most members benefited from. More technique sessions with Karena are planned for 2022.

Mullaloo Mile Event – For 2021, unfortunately the Mullaloo Mile event had to be cancelled due to a significant thunderstorm event that occurred on the day. The club is currently assisting MSWA with planning for the 2022 March event.

A big thanks to Peter Kerman for keeping the club socially active throughout the year. Some key events included the Club bowling night, Perth City Pub visits, Run/Swim/Run/Swim & BBQ, Rotto Swim Thru Weekend away and regular monthly Saturday morning teas.

In closing I once again thank each member at the club for their contribution. Let's continue into 2022 making Westcoast an even stronger and more successful club, displaying the key values of Fun, Fitness & Friendship.

I request that this report be accepted.

## **TREASURER**

**Stephen Fidge**

The Profit and Loss Statement for 1 January 2021 to 31 December 2021 is attached at the end of this report.

Should any member require the more detailed financial reports these can be made available upon request.

## **REGISTRAR**

**Viki Shelver**

We finished the year off with 126 members.

- 1 12-month Swimming Life Membership 2021
- 122 12-month Swimming Membership 2021
- 3 16-month Memberships September 2021 to December 2022

As of 31 December 2021, we have 5 new members with a 12-month Swimming Membership for 2022 and 2 swimmers waiting on transfer from other clubs. There are also a number of renewals for 2022, with the offer of going into a draw for a prize of a \$100 top up on pool entry cards, for all members who have renewed before the 2022 AGM on 22 January.

Throughout the course of the year, we have new swimmers trialing and the majority of these took up memberships and enjoyed the training sessions on offer.



*The club promoted the Let's Swim Together Campaign in October and had several swimmers coming along for a trial swim*

## **CLUB CAPTAINS**

**Elise Bell and Mark Richards**

Due to Covid 19 a number of events were impacted with postponements and cancellations. But as the year went on there was more stability with event scheduling due the State Governments border policy. A few key events effected were the Busselton Jetty Swim which went ahead but had a few challenges along the way. The Waterman's to the Wall went ahead in May after being cancelled in 2020 and postponed twice in 2021. The Australian Masters Games were scheduled for October but now have been postponed to April 2022 due to the WA Border Restrictions.

Even with the challenges we had good participation in pool and open water events but it was evident that the Open Water events have become more popular with the club members.

### **Busselton Jetty Swim**

The 2021 Busselton Jetty Swim went ahead this year but due to the Covid Lock down being lifted at 1200am the morning of the event meant that the few dedicated Westcoast Master competitors left early Sunday morning to make it to Busselton before the start of the swim.

Stuart Anderson	52:28.0
Lily Strugnell	52:28.6
Lisa Bergin	53:24.2
Darren Cooper	60:52.3
Sean Harrison	59:22.9

### **Rottnest Channel Swim**

Westcoast Masters had three Solo swimmers, three Duos and one team competing in this year's Rottnest Channel Swim. Congratulations to all who competed in particular the three Solos swimmers

Grant Williams	6:47:04.28
Stuart Anderson	5:52:36.00
Lisa Mahon	8:13:34.75

who successfully completed the crossing.

#### **Duos**

"Two and the Crew" - Lisa and Tia Bergin	6:06:31.71
"Chaplo" - Karis and Carmi	7:17:26.87
"Drowning Poms" - Kevin Ryan and Mick Atchinson	8:24:01.63

#### **Team**

"5 Minute Men" - Darren, Glen and 2 mates 7:29:08.05

### **Mullaloo Mile**

The 2021 Mullaloo Mile which is a Westcoast Masters sponsored event was disappointingly cancelled on the day due to a lightning storm which persisted throughout the morning.

## Waterman's to the Wall

This was a great morning with very favourable conditions. Westcoast had four Solo entrants and nine teams, totalling 31 Swimmers, in this sold-out event. This was a fantastic effort with all Solo and Team Swimmers performing very well. Congratulations to Frank Van Rooyen who came 6th overall and Kieren Lawrenson who came a very close 8th. There was a lot of banter between the teams with the subject mainly about wearing or not wearing a wetsuit. The overall fastest Westcoast Team and winner for the Westcoast Masters Intra Club Competition was WWC06 made up of Jay Prchal, Brett Oats and Darren Cooper. Twenty-one second behind WWC06 in second place was WWC05 comprising of Viki Shelver, Glen Atkins and John Bryan. Congratulations to both these teams.

### Solo Results

Frank Van Rooyen	38:33.2
Kieren Lawrenson	38:44.8
Nicole Durrant	53:15.6
Lisa Mahon	59:42.4

### Teams Results

Wwc06	Jay Prchal, Brett Oats, Darren Cooper	52:50.6
Wwc 05	Viki Shelver, Glen Atkins, John Bryan	53:11.5
Wwc03	Damon Brown, Graem O'Loughlin, Brian Kelly	56:17.2
Wwc10	Wayne, Dohmen, Peter Kerman, Paul Kanneymer	56:32.5
Wwc04	Michael Kerman, Tracey Axiak, Mark Richards	56:57.5
Wwc01	Stuart Anderson, Michelle Alderson, Grant Williams	57:01.3
Wwc11	Rebekah Shand, Geoff Potts, Matt Dohmen	57:55.3
Wwc07	Lily Strugnell, Lyn King, Shaun Harrison	1:03:12.3
Wwc12	Stephen Fidge, Jacinta King, Chris Hall,	1:11:01.5

## Gropers Relay Carnival

Westcoast Masters came 9<sup>th</sup> overall with a total of 240 points. We had 21 participants (8 women and 13 men) making 24 teams. It was great day with good team comradery. Thank you to all who participated, especially the ladies who had a minimum of 5 relays each!

The best results for the club were:

Men's 240-279 4 x 25m Medley - **1<sup>st</sup>**

- Geoff Potts, Chris West, Paul Kannemeyer, Mike Kerman

Men's 160-199 4 x 50m Freestyle- **2<sup>nd</sup>**

- Dave Farrell, Shaun Harrison, Stuart Anderson, Jay Prchal

Mixed 160-199 Freestyle- **2<sup>nd</sup>**

- Shaun Harrison, Elizabeth Fu, Lily Strugnell, Jay Prchal

Men's 160-199 4 x 25m Freestyle - **2<sup>nd</sup>**

- Jay Prchal, Dave Farrell, Shaun Harrison, Stuart Anderson

Men's 240-279 4 x 25m Freestyle- **2<sup>nd</sup>**

- Chris West, Mike Kerman, Paul Kannemeyer, Geoff Potts

Men's 200-239 4 x 50m Freestyle- **3<sup>rd</sup>**

- Grant Williams, Darren Cooper, Tom Pettitt, Brian Kelly

### **Swim Thru Rotto**

Approximately 30 Westcoast Master Members participated in this year's Swim thru Rotto with the majority posting very good times and even personal bests. Congratulations to Age Group winners

Viki Shelver 23:41.23  
Lily Strugnell 21:54.53  
Carrol Wannell 30:41.77  
Jay Prchal 21:41.67

Winning their race categories and Brian Kelly and Karen Gale for winning the "Closest to Nominated Time" intra club competition

### **2021 Live Lighter MSWA Short Course State Championships**

Rory Trotter was Westcoast only entrant in this year's State Masters Short Course Championships held at the Mandurah Aquatic and Recreation Centre in March. Congratulations to Rory who competed in six events and won:

Men 65-69 50 SC Meter Freestyle 32.17s  
Men 65-69 100 SC Meter Freestyle 1:13.42s  
Men 65-69 25 SC Meter Freestyle 14.92s (Equal First)

And came 2<sup>nd</sup> in the Men 65-69 25 SC Meter Backstroke in 19.30sec.

Rory also came 3<sup>rd</sup> in the Men's 65-69 age group for the entire competition- a fantastic result and well done!

### **MSWA Stadium Masters Live Lighter Club Challenge**

We had three competitors compete in this years MSWA Stadium Masters Live Lighter Club Challenge held at HBF Stadium, Elizabeth Fu, John Main and Kieren Lawrenson. Congratulations to all three as they were first and second placed in their respective categories.

Elizabeth (Tingyue) Fu - Female 35-39

1 <sup>st</sup>	50m Freestyle – LC	32.70
2 <sup>nd</sup>	50m Backstroke – LC	43.92
2 <sup>nd</sup>	100m Freestyle – LC	1:14.09

John Main – Male 35-39

1 <sup>st</sup>	50m Freestyle – LC	26.75
1 <sup>st</sup>	50m Backstroke – LC	34.66
2 <sup>nd</sup>	100m Freestyle – LC	1:01.46

Kieren Jon Lawrenson – Male 45-49

2 <sup>nd</sup>	50m Freestyle – LC	27.42
1 <sup>st</sup>	50m Backstroke – LC	33.86
1 <sup>st</sup>	50m Butterfly – LC	29.48

Well done to all who represented the Club in the Open water and Pool events this year. We encourage more members to participate in the either the Pool and Open Water Events in 2022. Good luck to those who are participating in the 2021 Australian Masters Games in April (postponed from October 2021).

## COACHING COORDINATOR

Wayne Dohmen

My second year as Coaching Coordinator was much easier without numerous short notice pool closures due to Covid and the maintenance shut down at HBF Arena that occurred during the previous year. The year was relatively trouble free which allowed us to settle into our normal pattern of training.

At this time our unique cadre of coaches comprises 39 volunteers, all willing and eager to chip and do their bit for our wonderful Club. Early in the year I decided to reduce the number of coaches required for each session to one, with the exception of Saturday mornings. This has lessened the burden on volunteers to once every 7 – 8 weeks and allows for all of us to swim more.

Saturday mornings continue to attract over 60 swimmers, making it a difficult task for only one coach. Caryn Kiellor has helped immensely this year. Her affable presence and most valued coaching experience offers lanes one and two some special attention and I have expressed our appreciation to Caryn on numerous occasions.

With Club membership again exceeding 125 swimmers, it remains a challenge to find a happy medium by which all swimmers of varying experience and talents benefit from their training and continue within the Masters Swimming ethos of Fun, Friendship and Fitness. Maintaining variety and interest is an important element and we have been assisted this year by a number of new coaches joining the roster and also with the introduction of Kareena Preston to a number of our sessions. Kareena's wisdom and session style added a fair degree of interest this year, as did her coaching seminar held during November, attracting over 20 Westcoast coaches. Kareena will join us again during 2022 for at least six more sessions.

I hope to offer a more structured annual and seasonal program this year to cater for a variety of needs, including preparation for the open water season that we all love so much and pool competitions for those wanting to test their skills against rivals at a National and local carnival level.

On a finishing note, I want to take this opportunity to once again express my sincere thanks to our volunteer coaches for their energy and willingness to play their part in making our Club the best.



*Past and present members with their Age Group winning towels, at Rotto Swim Thru 2021  
From left to right: Bob Temby, Debbie Hart, Lily Strugnell, Carrol Wannell, Viki Shelver and Jay Prchal*



## **SOCIAL COORDINATOR**

**Peter Kerman**

Thank you to those members and friends for attending the various social events that were held throughout 2021.

As a recap, the following events were held –

- March – Happy hour drinks along with a meal was held at the Breakwater in Hillarys.
- 25 members attended the evening.
- May – A pizza night was kindly hosted at Steve Evans house. This night followed the Waterman's to the Wall swim event that was held earlier in the day. Presentations were made to the fastest Westcoast team, however numerous protests against the winning team are still pending!!!!
- 35 members made various types of pizzas, giving Steve's great pizza oven a real workout. The Club 'Wine Master' Gary Clifton undertook a wine appreciation quiz with the outcome being that we should all stick to swimming.....Thanks again to Steve and Karen for offering their lovely home for us all to enjoy the evening.
- July – Our annual Ten Pin Bowling evening was attended by a group of 35. Drinks & a meal followed at Whitfords Brewing. The overall individual winner was Sandra Teagle with the winning team named the "Bowling Stones" which consisted of Michele Cooper, Christine Roberts, Dave Woodroffe, Chris Blakeley & Don Priato.
- October – Due to unprecedented demand a group of 22 thirsty members undertook a Perth City Bar Hop on a Saturday evening, commencing with a meal at the Market Grounds and then visiting several bars & mixing with the younger generation. This was a sell-out event, with a similar night scheduled for early 2022.
- November – The Swim/Run/Swim is always a very popular event (42 members & friends took part). The club provided a BBQ breakfast at its conclusion. Rhonda Sales, Ros Harker, Gail West, Sandra Kannemeyer & Steve Evans assisted with the cooking of the breakfast which was greatly appreciated.
- December – The social calendar culminates with the Rottnest Swim-Thru weekend. As usual, this weekend did not disappoint with great swimming conditions & lots of fun following the swim. We had 34 members staying in 6 units. Thanks to Viki Shelver, Lorraine Quayle & Graem O'Loughlin for securing the accommodation which is a very stressful & time-consuming task. Thanks also to those who assisted with the cooking of the Sunday morning breakfast.

Thanks again to all those who attended the social events throughout the year.  
We look forward to an even better 2022.



*Beach briefing for our annual Run, Swim, Run event in November.  
Another great turnout!*

## **SAFETY OFFICER**

**Chris West**

I would like to report, that this year, for Westcoast Members, has been a safe one; given the current COVID-19 conditions. This has been largely due to, Venues, Organisers and Members, playing their part to ensure, everyone's safety and well-being. Despite the disruptions and disappointments, that do arise from such situations, the Club Committee appreciates the response of its Members, to support this safe and responsible approach.

With regards to open water events, the Mullaloo Mile, did not go ahead as planned for 2021, due to adverse weather conditions. The decision was taken, based on Swimmer and Event Staff's safety. The Committee and Organisers, would like to thank all those involved, for their understanding.

On going from last year, Members have been asked to sign in, at every swim session and continue to use the SafeWA App, which we continue to do, whilst COVID-19 restrictions, remain in place. The Committee, regularly reviews and adopts changes to conditions, that may arise, through Masters Swimming WA, Venue Management, as well as Event Organisers.

All Members are asked, on an annual basis to update their medical records, which includes an emergency contact and notify the Club of any conditions, that may require intervention, should it be necessary. All new members are asked to complete a medical record, as part of their membership application.

The emergency contact, for all Members, are made available to Coaching staff, should it be necessary. We would like to ask all Members, to notify the Club, of any updates or changes, to emergency contacts, as soon as possible.

On behalf of the Committee, I would like to thank all our Members, for their support throughout the year, in making our Club, a safe and healthy environment.

All the best, for 2022!

## **PUBLICITY OFFICER**

**Caroline White**

Publicity continued from previous years with a primary focus on the issue of regular eNews via MailChimp. Issued typically on a 2-4 weekly basis dependent on content. Content writing and photos supported by other committee members as relevant to their area of responsibility (swims, events, etc). eNews structured to new content top half and regular reference/index content second half.

Instances for quick or important 1-subject updates done as a NewFlash often also supported by a Facebook post (FB posts are by Westcoast as a 'person' or 'with person' rather than within a group). NewsFlashes and Facebook posts done by either the Publicity member or other committee members. Often later also incorporated into the regular eNews. Slack is a chat group used by club members for informal chat and banter.

Feel that the current publicity approach is sufficient to keep members informed without being too-much as is also sustainable for management. Current publicity approach is internal to within the club rather than external publicity. No changes are recommended to the current approach. Possible consideration in the future of a Facebook Group (which appears to already be created, just not yet used) and/or a Facebook Page.



## **UNIFORMS**

**Gail West, Karen and Steve Gale**

The new club design bathers were bought by many members this year & look great.

We still have some new stock remaining.

Morning tea sales for old stock has been successful.

Equipment orders & Rotto shirts have been a success too.

We will continue to take orders for club members throughout this year.

We would like to thank all club members for supporting us through this difficult year.



*Modelling our new bathers are Vanessa Allan, Karen and Sammy Gale, Karen Theunissen*

## **RECORDER**

**Lorraine Quayle**

2021 saw a continued change in my duties as club recorder.

When I took over the recorder role from Mirelda Burgess in 2013 we were transitioning from paper to online entries via Team Manager.

We had a strong core of swimmers who enjoyed the competition swimming as well as the open water swims. As the recorder I would liaise with the Club Captains and process the entries and then enter the results into our data base.

Now 9 years later entries for swim events are done online by individuals.

So, my duties as recorder are now not required and it's time to hang up my recorder hat.

I have enjoyed my time as a committee member for Westcoast Masters and would recommend for anyone to just get involved!

Happy swimming in 2022



*Members celebrating the end of the year with a fun session 11 December 2021, at Craigie Leisure Centre*

**Westcoast Masters Swimming Club Inc.**  
**Profit and Loss Statement**  
**1st January 2021 to 31/12/2021**

**Income**

Club Fee's	\$11,608.12	
Merchandise Sales	\$7,366.38	
Carnivals	\$0.00	
Fund Raising	\$425.00	
Coaching	\$0.00	
Social events	\$800.00	
Sponsorship	\$0.00	
Reimbursements Rotto	\$4,885.50	
Donations	\$0.00	
Sundry	\$752.06	
<b>Total Income</b>		<b>\$25,837.06</b>

**Expenditure**

Affiliations costs	\$280.00	
Lane Hire	\$9,159.10	
Social Expenses	\$1,314.57	
Bank Charges	\$23.30	
Carnival Expenses	\$150.00	
Merchandise purchase	\$9,766.20	
Fund Raising Expenses	\$290.95	
Rotto expenditure	\$4,953.49	
Coaching	\$0.00	
Trophies	\$315.93	
Postage & Stationary	\$0.00	
Sundry	\$670.09	
<b>Total Expenditure</b>		<b>\$26,923.63</b>
<b>YTD Profit/Loss</b>		<b>-\$1,086.57</b>

**Westcoast Masters Swimming Club Inc**  
**Cash at Bank**  
**as at 31/12/2021**

<b>Cash at Bank 1st January 2021</b>			\$31,922.80
Plus			
YTD Income		\$25,837.06	
Cash on hand		\$0.00	
<b>Total Income</b>			<b>\$25,837.06</b>
Less			
YTD Expenditure		\$26,923.63	
Unpresented Cheques			
Invoices to be paid		\$0.00	
Reimbursements to be paid		\$0.00	
<b>Total Expenditure</b>			<b>\$26,923.63</b>
<b>Cash at Bank</b>			<b>\$30,836.23</b>
<b>Operating Account Balance as at 31/12/2021</b>			<b>\$30,836.23</b>
<b>Variation</b>			<b>\$0.00</b>

**Account balances**

as at Today ▼ 03/01/2022 15:16 WST [Filter](#)

**Accounts**

Account Name	Account Number	Balance	Credit Limit	Uncleared Funds	Available Balance
Working Account	309-104 4198570	\$30,836.23	\$0.00	\$0.00	\$30,836.23

Total Balance: \$30,836.23

Total Available: \$30,836.23

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