



ANNUAL REPORTS FOR 2014

PRESIDENT

Stephanie Myles

I believe that Westcoast masters has gone from strength to strength in 2014, finishing the year with a strong membership of 133. Of this, nearly 20% represents new members. Almost 75% of new member enquiries, either poolside or via email resulted in a new member.

A huge thank you to the hard work volunteered by the Club Committee in 2014. Special thanks to Geoff Potts who took on the role of Treasurer in May, Viki Shelver who gave us a new website (mobile phone friendly) and who works tirelessly, keeping our membership up to date, responding to new member queries and organising the Swim Smooth sessions with Paul Newsome (just to mention a few of the things Viki does).

Thanks to Alan Power for coordinating the coaches throughout the year, Peta Batorfi and Paul Kannemeyer who kept us enthused for swimming at events and Lorraine Quayle for ensuring everyone was entered into events! We are always a well-dressed club thanks to the efforts of Lisa Bergin and Shelley O'Mara! Thanks also to our Vice President, Graem O'Loughlin, for managing a successful 2014 carnival, Vanessa Allan for looking out for our safety and Christine Lane for keeping us on track at monthly meetings.

The Social Committee, led by Sue Finney, outdid themselves in 2014. There were so many functions held during the year and the variety meant that there was a social occasion to suit most people! If you didn't make it out in 2014, I understand that the 2015 calendar is already being populated with events!

One aspect of the club that kept 5 of us on our toes during the year was the review of the Club Constitution. This was a huge task and there were several afternoons of strong debate by people who truly love their club. I believe that we have produced a revised constitution that reflects current day processes. Thanks to Lorraine Quayle, Viki Shelver, John Burns and Chris Kerman for their time in assisting me with this task this year.

Congratulations to Kerry Hodson for completing the Club Coaches accreditation course through Masters WA. There are a few others at various stages of this course at the moment.

Westcoast retained top spot for membership participation at the 2014 Open Water Swim in Coogee. Let's see if we can make it three years in a row!

Finally, a big congratulations to those members who achieved their swimming goals for 2014 – whether that was a Rottneest solo or just getting your feet wet whenever you could (like me)! May 2015 see us all in good health, swimming strong, and most importantly, having fun at the same time!

VICE PRESIDENT

Graem O'Loughlin

The Westcoast Masters Swimming Club annual carnival came and went on Sunday the 13th of April. It was a very successful day with 148 athletes competing from 10 different clubs. I am very pleased to say that Westcoast retained the carnival trophy with 320 points, well ahead of the next club Beatty Park on 241 and Claremont on 169 points. Beatty Park did however win the club Handicap Award.

Other participating clubs included Whitford (98), Belmont (95), Superfins (64), Riverton (62), Leisurepark (58), Carine (49) and Swan Hills (34).

The really exciting news coming from the carnival was the fact that several State records were broken for individuals including our own Kieran Lawrenson! Congratulations Kieran! Also, the State and National record was broken for the 320+ age group medley relay by Beatty Park.

Congratulations to everyone who swam and volunteered their time in setting up, time keeping, marshalling, recording, providing baked goods and generally running around! The day wouldn't have been a success without you.

We are looking at a revamp of our carnival for 2015 by holding the event on a Saturday afternoon and focusing on 50m and 100m events and relays. The Club Captains will be around in March to start recruiting! Please get involved in your club's annual carnival.

TREASURER

Geoff Potts

Income from club fees was higher than the previous year at \$15,021 due to higher membership numbers. There was a small loss for the year of \$2,103. Membership fees need to cover Lane Hire (\$11,381) with the remaining \$3,640 for general club costs. Membership fees of \$180 per person are split as follows:-

- \$70 to the State and National bodies.
- \$80 to cover lane hire.
- \$30 for the general running of the club (which includes activities such as Clothing, Rottnest, certain Social events, which are designed to run roughly at break-even)

We are very appreciative of the sponsorship by various members, which contribute to subsidising the Rottnest weekend.

Cash at hand at the end of the year was \$13,352, down on the 2014 total by \$2,103. This could be partially due to late payment of club fees. I would regard \$10,000 as a minimum required year end Cash balance, of which \$6,000 is required as a specific float to cover prepayment of Rottnest accommodation between July and December each year.

Fund raising (mainly sausage Sizzles) raised \$4010, Sponsorship raised \$1800. A very big thank you to all who contributed their time and to the very generous sponsors. THANKS .

At this stage, only one Sausage Sizzle has been secured for 2015 and the club is on a waiting list for cancellations. Moving forward, if further fundraising is not able to be secured for 2015, the club will need to decide on what aspects of the club will be subsidised in 2015 which would most likely impact social and uniform aspects in the first instance.

At our present level of spending, going on 2014 figures, our bank balance will slowly decrease without the fundraising contribution.

Date	AMOUNT	JAN	FEB	MAR	APR	MAY	JUN	JUL	AUG	SEP	OCT	NOV	DEC	
RECEIPTS														
CLOTHING SALES	6195	245	110	70	340	1040	795	1295	455	365	380	825	275	
CLUB FEES	15021.37	4163.92	3882.82	668.34	1142.2	531.1	573.71	573.71	0	401.76	156.98	313.96	2612.87	
Carnivals	8154	0	0	0	0	0	0	0	315	208	3201	4050	380	
FUND RAISING	4010.89	311	5	0	50	0	1641.65	1756.24	0	0	0	0	247	
INTEREST RECEIVED	1.29	0	0	0	0	0	0	0	0	1.29	0	0	0	
SOCIAL RECEIPTS	4145	0	0	0	0	0	0	3075	1070	0	0	0	0	
SPONSORSHIP RECEIPTS	1800	0	0	0	0	0	0	0	0	0	900	0	900	
MISCELLANEOUS RECEIPTS	148	0	148	0	0	0	0	0	0	0	0	0	0	
	39475.55	4719.92	4145.82	738.34	1532.2	1571.1	3010.36	6699.95	1840	976.05	4637.98	5188.96	4414.87	
PAYMENTS														
SOCIAL EXPENSES	5457.16	0	0	371.67	27	432.02	0	3535	48.9	910	0	119.57	13	
AFFILIATION FEES	0	0	0	0	0	0	0	0	0	0	0	0	0	
BANK CHARGES	91.7	5.75	6.35	6.5	6.05	25.6	5.75	5.6	6.5	5.6	5.9	5.9	6.2	
CARNIVAL EXPENSES	1831	0	0	1235	0	175	0	0	330	91	0	0	0	
CLOTHING PURCHASES	9408.02	0	0	0	0	2151.76	0	0	0	4204.75	0	0	3051.51	
FUNDRAISING EXPENDITURE	0	0	0	0	0	0	0	0	0	0	0	0	0	
LANE FEES	10933.7	678.89	820.67	852.92	789.72	1501.37	552.47	1735.53	951.31	980.92	789.72	1088.98	191.2	
ROTNESST EXPENSES	7798.11	220.34	0	0	0	0	0	4314	1238	0	1000	0	1025.77	
STATE CLUB FEES	1839	399	720	0	0	0	0	0	0	0	0	0	720	
COACHING	1994.1	1349.5	0	0	0	0	0	0	0	0	228.8	415.8	0	
TROPHIES	631.5	0	631.5	0	0	0	0	0	0	0	0	0	0	
POSTAGE & STATIONARY	1594.28	0	672.93	169.9	32.55	0	10	0	0	0	661.5	47.4	0	
MISCELLANEOUS PAYMENTS	0	0	0	0	0	0	0	0	0	0	0	0	0	
	41578.57	2653.48	2851.45	2635.99	855.32	4285.75	568.22	9590.13	2574.71	6192.27	2685.92	1677.65	5007.68	
NET CASHFLOW	-2103.02	2066.44	1294.37	-1897.65	676.88	-2714.65	2442.14	-2890.18	-734.71	-5216.22	1952.06	3511.31	-592.81	
Opening Cash balance			15,455.53	17521.97	18816.34	16918.69	17595.57	14880.92	17323.06	14432.88	13698.17	8481.95	10434.01	13945.32
CLOSING CASH BALANCE			17521.97	18816.34	16918.69	17595.57	14880.92	17323.06	14432.88	13698.17	8481.95	10434.01	13945.32	13352.51

CLUB CAPTAINS

Paul Kannemeyer / Peta Batorfi

Once again 2014 was a successful year both in the Pool and Ocean competitions We had entrants at the State OWS, Busselton Jetty swim, Rotto Swim-Thru and the Rottneest Channel Swim.

In the pool we were represented at the State Championships, National Championships and a few club competitions.

Over the year our swimmers collected numerous medals at the States and Nationals and a few records were broken as well.

Well done to all that competed.

COACHES CO-ORDINATOR

Alan Power

Coach Coordinator's Annual Report 2014

Hi all. We changed things up for this year by giving me someone to assist with the correspondence and help with funding and organizing coaches courses etc. I feel this worked well and would like to thank Viki. I feel we worked well together and this system is a good way to move forward.

We had a busy year both in the pool and out, as swimmers, coaches and socialites. In all with a 130 plus swimmers and about 36 coaches this job comes with its moments. I feel we have all done extremely well again this year with those numbers.

It has been a pleasure to work with a strong committee that has worked towards keeping our club strong well into the future.

We started the year with usual open water swim season in progress and many swimmers training hard for their Rottnest crossing. Well done to all those who competed.

In March we had the largest amount of competitors enter the State OWS. Amazingly these same members backed up by entering the pool only one month later to take out our own club carnival. Well done to all our members who helped out and those who competed.

In June we had Paul Newsome from swim smooth come up and take a session and we followed this up with coaches' forum to discuss drills. Both were well attended. A lot happened in August and it started with the sad news for one of our long time members and coaches assistants Mirelda Burgess having a stroke. Our thoughts are still with you.

I was pleased to see our club and 22 members get behind our club and went to the relay carnival, which we won the most amount of raffle prizes. Cool result. October came and the year was passing us by quickly with still lots to achieve. We had 16 coaches attend the CPR course. Started our 8 week challenge and a few members who headed off to Alice Springs. They brought back a lot of medals and records with them. We started a new way to train with a new open water session program that we held on Saturday mornings. It was well embraced by our members after some small confusion to start with. In November we brought back Paul Newsome to help assist our coaches and go through some new techniques that we are introducing this year.

We also have had some members start their coaches course and congratulations to Kerry Hodson who completed her course.

This year I would like to consolidate the introduction and implementation of the CSS method of training. Bring back some clinics on the different strokes. A valuable bit of information is being sent out most weeks with Viki's coaches tips.

It has been a busy year around our club. I would like to say this would not be possible without the wonderful support of all our coaches. I thank you all. I feel with so many members returning each year goes to show what a fantastic job you all do. Look forward to seeing you all and working with you all again this year.

Thank you

REGISTRAR
Viki Shelver

We ended the year with 133 members.

- 131 regular memberships,
- 1 competitive member and
- 1 social member.

34 membership queries were received via email, mostly direct from our website contact option or redirected from MSWA.

25 new members signed up during 2014.

4 members took up the 16 month membership option

Re-registrations for 2015 are coming in steadily, unfortunately some members are still paying direct into the club account and not doing their registration through the MSWA membership portal.

PUBLICITY OFFICER
Viki Shelver

During the course of 2014, the website was updated and has provided easier navigation and better mobile access.

Weekly emails continued to be sent, providing members with necessary information and links to the website.

Three hard copy newsletters were trialed, but lack of shared information made the compilation of these rather difficult and they have been put on hold until further discussion with the next committee.

SAFETY OFFICER
Vanessa Allan

Another year of no reported safety incidences. We had 18 people attend the CPR course at Joondalup HBF Arena, which was conducted by past member, Isabel Franzoni. I would also like to remind all members for 2015 to fill their medical reports on line. We are trying a new format for the medical report which I hope you all find a lot easier to complete. Hopefully we can gather most of them at the AGM, otherwise they will be available on the website. Also, I would like to thank the rest of the committee for their great work and their amazing patience for my extreme lack of performance to duty.

RECORDER

Lorraine Quayle

During 2014 my role has been to enter members into swimming events and record results using the Westcoast Team Manager Data base. I have also continued the task of putting more of our club records onto the Team Manager Data base and this process is ongoing for 2015.

Results for 2014 have been entered in the data base – Anyone who has competed in Pool Events or Open Water Swims will be able to access their time sheet on the Club's website under the Swim Events/Club Results Tab.

Please remember to let me know if you have swum in any other Open Water Swims or Pool Events as these can also be added to your personal records.

UNIFORMS

Lisa Bergin/Shelley O'Mara

We had a great year in 2014 for uniforms with plenty of stock being purchased and not much being left as spare – always a good indication we are on the right track.

The club shirts were a huge success and they look fantastic when everyone is all together. It is nice to see the club unity that Westcoast is about. Also, the club caps we ordered have been utilised well at club carnivals and training.

New bathers were a must this year and we had a good response to those. As there was a minimum order required we do still have a few spares. This is not a bad thing though as we are always getting new members and a new bather order will not be done before 2016.

Rotto Swim Thru Shirts are always a challenge and thinking of new ideas is always difficult. There were a few changes along the way with the designs and colours but we have heard that most members were happy with the final result. We would like to say a big thankyou to the sponsors of the shirts as without them we would not have been able to have the hats that were supplied and the overall price members paid was half the cost of production. So, a big Thankyou to **RealMark** (Marg & Jeff Ernst), **JohnDec** (Marrelyn Dec) and **Advance Formwork** (Mark Bergin & Peter Jingryd).

In 2015 we hope to order new jumpers/hoodies if there is a demand for them and if there are any other suggestions please let us know.

Thanks for a great year!

SOCIAL COMMITTEE

Sue Finney, Peter Kerman, Jeff Ernst, Chris Wippl,

16th February– Breakfast at Mullaloo Beach

The Social Committee decided to get the ball rolling with organising a breakfast at Mullaloo Beach. Sausage and onion in a bun for all the Sunday morning swimmers and other club members who came down to support this. A beautiful morning with an attendance of about 50 people.



9th March– Picnic at Riverside Gardens Maylands

A beautiful warm day with an attendance of 27 people (and one dog!). We had bike riders (riding the 8km to Bassendean then back again), kayakers (tough going when that breeze came in) and SUP riders (a couple of wobbly legs!!). There were also three very enthusiastic scooter riders as well (Geoff and Sue's grandson and his friends).



15th March– Lane Awards with a Bacon & Egg Breakfast

Over 60 hungry people attended the awards breakfast prepared and cooked by the Social Committee. Not only were the Lane Awards presented but the Honorary Life Members were also presented with a token.



5th April – Perth City Walking Tour

The week before the event the Social Committee set off through the streets of Perth to map out a course. Yep! We took one for the team here. Great night was had by the Committee and their partners. A total of 32 people met at the Station and continued on our walk. We visited The Aviary then on to the Halycon, we then had a hamburger meal at Grilled and our last drink at The Trustee. On the train and home. A good night had by all.



6th April – Picnic at Bardon Park Maylands

Eight people turned up for this. Erin was way too tired to even think about getting back on her bike as she had just completed a triathlon at Hillarys. A few of us rode from here to Riverside Gardens and back. A total of 13 km and what a lovely ride. Maylands certainly has changed over the years.



13th April – Westcoast Carnival – Lunch is served

Thank you Ros Harker for stepping up and organising the food. Jeff and Wipp were there to lend a helping hand but a very big THANK YOU to Ros from all the Social Committee. Thanks also to the members for their outstanding culinary efforts.



4th May – Bike Ride around Lake Joondalup and Picnic in the Park

12 cyclists gathered at Banyandah Blvd, lovely cool and cloudy weather - great for cycling. Picnic teas packed in back packs on off to Neil Hawkins Park. Regrouped there for morning tea - some took advantage of the coffee cart while others shared their goodies at the picnic table.

Couldn't stick to the lake side track so headed for the high path and off to Ocean Reef Road, where Gary and Sean split off and cycled directly home, the rest cruised round back to Banyandah Blvd.

Ride went without hitch besides the Woodroffe's having a few gear issues, which will no doubt be rectified by the local bike mechanic.



7th June – Bunnings Sausage Sizzle

Thank you to all those who volunteered their time to make this a very successful Sausage Sizzle with big thanks to Chris Wippl for his great organising. An amount of \$1545.65

21st June – Ten Pin Bowling and Dinner in North Perth



It was wet and stormy but we still managed to entice thirty three (33) people out of their warm homes to play a game of ten pin bowls at Rosemount Bowls and then wander across the road for drinks and dinner at the Rosemount Hotel.

13th July – Bunnings Sausage Sizzle

Another very successful Sausage Sizzle which raised an amount of \$1756.24

26th July – Xmas in July

A total of 39 people were picked up by bus from three different locations (our swimming spots) and taken to Mulberry on Swan for a fun night. The price of the night included food and entertainment (a band played) while drinks were purchased from the bar.

8th August – Dinner @ Cha da Thai

Fifteen people came along to the Cha da Thai. Great to see past members Tony and Karen Parbury and Jenny O'Loughlin (Graem's wife). Also new member Debbie Hart came along to her first social event with her husband Steve.

13th September – Movie Night

Thirty people enjoyed a great night at The Jaffa Room. Everyone bought their drinks while pizza, lollies, popcorn and movie were provided at a cost of \$35/head. The movie "The Chef" was light-hearted and enjoyable.



24th October – Drinks @ Down The Hatch and Dinner @ Kulcha

Thirty people attended a very enjoyable night out. The Blvd was supposed to be the meeting place but when we all arrived we found the doors closed so we all walked to “Down The Hatch” which was a much better place to have a couple of bevies. Food at Kulcha was very tasty and very cheap.

16th November – Breakfast @ Mullaloo Beach

We learnt from the last sausage sizzle so decided on ordering more rolls and sausages. Around 30 people showed up and enjoyed a sausage breakfast after their swim (not all swam).

6th December – After Swim Dinner @ Rotto

This year it was decided to have an early meal then make our way to the Rottnest Hotel. Roast beef and roast chicken in gravy with salad on “sliders” were served up. For “afters” large bowls of chocolates were handed around. Feedback was very positive.



20th December – Xmas Morning Tea @ Craigie Leisure Centre